

# ॐ नमो भगवते वासुदेवाय

*Om Namo Bhagavate Vasudevaya*

Salutations to Lord Vasudeva (Krishna), the Supreme Being

## ध्यान श्लोकाः

Dhyana Shlokas

Meditation Verses



शुक्लाम्बरधरं विष्णुं शशिवर्णं चतुर्भुजम् ।  
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॥

*Shuklaambaradharam Vishnum Shashivarnam Chaturbhujam  
Prasannavadanam Dhyayet Sarvavighnopaśāntaye*

### MEANING

One should meditate upon Lord Vishnu, who is clad in white garments, who is all-pervading, who is bright as the moon, who has four arms, and who has a pleasant face, for the removal of all obstacles.



यस्य द्विरदवक्त्राद्याः पारिषद्याः परशशतम् ।  
विघ्नं निघ्नन्ति सततं विष्वक्सेनं तमाश्रये ॥

*Yasya Dviradavaktraadyaah Paarishadyaah Parashatam  
Vighnam Nighnanti Satatam Vishvaksenam Tamaashraye*

#### MEANING

I take refuge in Vishvaksena, whose attendants, led by the elephant-faced one (Ganesha), numbering more than a hundred, constantly destroy all obstacles.



व्यासं वसिष्ठनप्तारं शक्तेः पौत्रमकल्मषम् ।  
पराशरात्मजं वन्दे शुकतातं तपोनिधिम् ॥

*Vyaasam Vasishtha-naptaaram Shakteh Pautram-akalmasha  
Paraasharaatmajam Vande Shukataatam Taponidhim*

#### MEANING

I salute Vyasa, the grandson of Vasishtha, the grandson of Shakti, the sinless son of Parasara, and the father of Shuka, who is a treasure of penance.



व्यासाय विष्णुरूपाय व्यासरूपाय विष्णवे ।

नमो वै ब्रह्मनिधये वासिष्ठाय नमो नमः ॥

*Vyaasaaya Vishnu-roopaaya Vyaasa-roopaaya Vishnave  
Namo Vai Brahmanidhaye Vaasishthaaya Namoh Namah*

#### MEANING

Salutations to Vyasa who is a form of Vishnu, and to Vishnu who is a form of Vyasa. Salutations to the treasure of Brahman (supreme knowledge), who belongs to the lineage of Vasishtha.



अविकाराय शुद्धाय नित्याय परमात्मने ।

सदैकरूपरूपाय विष्णवे सर्वजिष्णवे ॥

*Avikaaraaya Shuddhaaya Nityaaya Paramaatmane  
Sadaika-roopa-roopaaya Vishnave Sarva-jishnave*

#### MEANING

Salutations to Vishnu who is unchanging, pure, eternal, the Supreme Self, who always has one form, and who conquers all.



यस्य स्मरणमात्रेण जन्मसंसारबन्धनात् ।  
विमुच्यते नमस्तस्मै विष्णवे प्रभविष्णवे ॥

*Yasya Smarana-maatrena Janma-samsaara-bandhanaat  
Vimuchyate Namastasmai Vishnave Prabhavishnave*

#### MEANING

Salutations to that Vishnu, the all-powerful, by merely remembering whom one is freed from the bondage of birth and the cycle of existence.



ॐ नमो विष्णवे प्रभविष्णवे ।

*Om Namo Vishnave Prabhavishnave*

#### MEANING

Om, salutations to Vishnu, the all-powerful Lord.

## पूर्वपीठिका

### Poorva Peetika

Introduction — The Dialogue between Yudhishtira and Bhishma



श्री वैशम्पायन उवाच —

श्रुत्वा धर्मानशेषेण पावनानि च सर्वशः ।

युधिष्ठिरः शान्तनवं पुनरेवाभ्यभाषत ॥

*Shri Vaishampayana Uvacha —*

*Shrutvaa Dharmaanasheshena Paavanaani Cha Sarvashah*

*Yudhishthirah Shaantanavam Punarevabhyabhaashata*

#### MEANING

Shri Vaishampayana said: Having heard all the dharmas completely and all the purifying things, Yudhishthira spoke again to Bhishma (son of Shantanu).



युधिष्ठिर उवाच —

किमेकं दैवतं लोके किं वाप्येकं परायणम् ।

स्तुवन्तः कं कमर्चन्तः प्राप्नुयुर्मानवाः शुभम् ॥

*Yudhishthira Uvacha —*

*Kimekam Daivatam Loke Kim Vaapyekam Paraayanam*

*Stuvantah Kam Kamarchantah Praapnuyur Maanavaah Shubham*

#### MEANING

Yudhishthira asked: Who is the one Supreme Deity in the world? Who is the one ultimate refuge? By praising whom and worshipping whom can humans attain good and prosperity?



को धर्मः सर्वधर्माणां भवतः परमो मतः ।

किं जपन्मुच्यते जन्तुर्जन्मसंसारबन्धनात् ॥

*Ko Dharmah Sarva-dharmaanaam Bhavatah Paramo Matah*

*Kim Japanmuchyate Janturjanma-samsaara-bandhanaat*

#### MEANING

What is, in your opinion, the greatest Dharma of all dharmas? By chanting what can a living being be freed from the bondage of birth and death?



भीष्म उवाच —

जगत्प्रभुं देवदेवमनन्तं पुरुषोत्तमम् ।

स्तुवन्नामसहस्रेण पुरुषः सततोत्थितः ॥

*Bheeshma Uvacha —*

*Jagatprabhum Devadevam-anantam Purushottamam*

*Stuvannaamasahasrena Purushah Satatotthitah*

#### MEANING

Bhishma replied: By praising the Lord of the universe, the God of gods, the infinite, the Supreme Being, with His thousand names, a person who is ever diligent (attains the highest good).



तमेव चार्चयन्नित्यं भक्त्या पुरुषमव्ययम् ।

ध्यायन्स्तुवन्नमस्यंश्च यजमानस्तमेव च ॥

*Tameva Chaarchayannityam Bhaktyaa Purushamavyayam  
Dhyaayanstuvannamas-yamshcha Yajamaaanastameva Cha*

#### MEANING

By always worshipping with devotion that imperishable Supreme Person, by meditating upon, praising, saluting, and offering worship to Him alone.



अनादिनिधनं विष्णुं सर्वलोकमहेश्वरम् ।

लोकाध्यक्षं स्तुवन्नित्यं सर्वदुःखातिगो भवेत् ॥

*Anaadinidhanum Vishnum Sarvaloka-maheshvaram  
Lokadhyaksham Stuvannityam Sarva-dukhhaatigo Bhavet*

#### MEANING

Vishnu, who is without beginning or end, the great Lord of all worlds — by always praising the overseer of the worlds, one transcends all sorrows.

श्री विष्णु सहस्रनाम स्तोत्रम्

Shri Vishnu Sahasranama Stotram

The Thousand Names of Lord Vishnu

1



विश्वं विष्णुर्वषट्कारो भूतभव्यभवत्प्रभुः ।

भूतकृद्भूतभृद्भवावो भूतात्मा भूतभावनः ॥

*Vishvam Vishnur-vashatkāro Bhūta-bhavya-bhavat-prabhuh  
Bhūtakrid-bhūtabhrid-bhāvo Bhūtātmā Bhūta-bhāvanah*

#### MEANING

Vishvam — The Universe; He who is everything; Vishnuh — He who pervades everywhere; Vashatkaarah — He for whom the sacrificial call is made; Bhoota-bhavya-bhavat-prabhuh — The Lord of past, present and future; Bhootakrit — The creator of all beings; Bhootabhrit — The sustainer of all beings; Bhaavah — Pure existence itself; Bhootatma — The soul of all beings; Bhootabhaavanah — He who nourishes all beings





पूतात्मा परमात्मा च मुक्तानां परमा गतिः ।

अव्ययः पुरुषः साक्षी क्षेत्रज्ञोऽक्षर एव च ॥

*Pootaatmaa Paramaatmaa Cha Muktaanaam Paramaa Gatih  
Avyayah Purushah Saakshee Kshetrajno-akshara Eva Cha*

#### MEANING

Pootatma — He of pure soul; the purified Self; Paramatma — The Supreme Self; Muktaanaam Paramaa Gatih — The ultimate goal of the liberated; Avyayah — The imperishable; the indestructible; Purushah — The Supreme Being who dwells in all; Saakshee — The eternal witness of all; Kshetrajnah — The knower of the field (body); Aksharah — The indestructible; imperishable syllable





योगो योगविदां नेता प्रधानपुरुषेश्वरः ।

नारसिंहवपुः श्रीमान् केशवः पुरुषोत्तमः ॥

*Yogo Yogavidaam Netaa Pradhaana-purusheshvarah*

*Naarasimha-vapuh Shreemaan Keśavah Purushottamah*

#### MEANING

Yogah — He who is attainable through Yoga; Yogavidaam Netaa — The guide of those who know Yoga; Pradhaana-purusheshvarah — Lord of Pradhana (nature) and Purusha (soul); Naarasimhavapuh — He whose form is Man-Lion (Narasimha); Shreemaan — He who is always with Shri (Lakshmi); Keshavah — He who has beautiful hair; slayer of Keshi; Purushottamah — The Supreme Person; the best among beings





सर्वः शर्वः शिवः स्थाणुर्भूतादिर्निधिरव्ययः ।

सम्भवो भावनो भर्ता प्रभवः प्रभुरीश्वरः ॥

*Sarvah Sharvah Shivah Sthaanur-bhootaadir-nidhir-avyayah  
Sambhavo Bhaavano Bhartaa Prabhavah Prabhur-eeshvarah*

#### MEANING

Sarvah — He who is everything; the all; Sharvah — The destroyer of evil; Shivah — The auspicious one; the pure; Sthaanuh — The firm; the immovable; Bhootaadih — The origin of all beings; Nidhih Avyayah — The imperishable treasure; Sambhavah — He who manifests in various forms; Bhaavanah — He who gives everything to devotees; Bhartaa — The supporter of all; Prabhavah — The source of all creation; Prabhuh — The almighty Lord; Eeshvarah — The supreme ruler; the controller







स्वयम्भूः शम्भुरादित्यः पुष्कराक्षो महास्वनः ।

अनादिनिधनो धाता विधाता धातुरुत्तमः ॥

*Svayambhooh Shambhur-aadityah Pushkaraaksho Mahaasvanah  
Anaadi-nidhano Dhaataa Vidhaataa Dhaaturuttamah*

#### MEANING

Svayambhooh — He who is self-born; self-manifested; Shambhuh — He who brings auspiciousness and happiness; Aadityah — The son of Aditi; the golden one; Pushkaraakshah — He who has lotus-like eyes; Mahaasvanah — He who has a great voice (the Vedas); Anaadinidhano — He who is without beginning or end; Dhaataa — The creator; the sustainer; Vidhaataa — The supreme ordainer; dispenser of destiny; Dhaaturuttamah — The best of all elements; the supreme support





अप्रमेयो हृषीकेशः पद्मनाभोऽमरप्रभुः ।

विश्वकर्मा मनुस्त्वष्टा स्थविष्ठः स्थविरो ध्रुवः ॥

*Aprameyo Hrisheekeshah Padmanaabho-amaraprabhuh*

*Vishvakarmaa Manustvashṭaa Sthavishṭhah Sthaviro Dhruvah*

#### MEANING

Aprameyah — He who cannot be measured or defined; Hrisheekeshah — Lord of the senses; Padmanaabhah — He from whose navel the lotus springs; Amaraprabhuh — The Lord of the immortals (Devas); Vishvakarmaa — The creator of the universe; Manuh — He who thinks; the great thinker; Tvasṭaa — He who makes things small (at dissolution); Sthavishṭhah — The supremely large; the most massive; Sthavirah — The ancient one; Dhruvah — The fixed; the immovable; the constant







अग्राह्यः शाश्वतो कृष्णो लोहिताक्षः प्रतर्दनः ।

प्रभूतस्त्रिककुब्धाम पवित्रं मङ्गलं परम् ॥

*Agraahyah Shaashvato Krishno Lohitaakshah Pratardanah  
Prabhootastri-kakub-dhaama Pavitram Mangalam Param*

#### MEANING

Agraahyah — He who cannot be grasped by the senses; Shaashvatah — The eternal one; Krishnah — The dark-hued one; all-attractive; Lohitaakshah — He whose eyes are red (lotus-like); Pratardanah — The great destroyer (of evil); Prabhootah — He who is ever full; abundant; Tri-kakub-dhaama — The support of the three quarters of the universe; Pavitram — He who is supremely pure; Mangalam Param — The supreme auspiciousness





ईशानः प्राणदः प्राणो ज्येष्ठः श्रेष्ठः प्रजापतिः ।

हिरण्यगर्भो भूगर्भो माधवो मधुसूदनः ॥

*Eeshaanah Praanadah Praano Jyeshṭhah Shreshṭhah Prajaapatih  
Hiranyagarbho Bhoogarbhoh Maadhavo Madhusoodanah*

#### MEANING

Eeshaanah — The supreme ruler; the controller; Praanadah — The giver of life-breath; Praanah — Life itself; the vital force; Jyeshṭhah — The eldest; the most ancient; Shreshṭhah — The most glorious; the best; Prajaapatih — The Lord of all creatures; Hiranyagarbhah — He who has a golden womb; cosmic egg; Bhoogarbhah — He in whom the earth is contained; Maadhavah — The consort of Ma (Lakshmi); born in Madhu clan; Madhusoodanah — The slayer of the demon Madhu





ईश्वरो विक्रमी धन्वी मेधावी विक्रमः क्रमः ।

अनुत्तमो दुराधर्षः कृतज्ञः कृतिरात्मवान् ॥

*Eeshvaro Vikramee Dhanvee Medhaavee Vikramah Kramah  
Anuttamo Duraadharshah Kritajnah Kritiraatmavaan*

#### MEANING

Eeshvarah — The omnipotent Lord; Vikramee — He who is full of prowess; Dhanvee — He who wields the bow (Sharnga); Medhaavee — He who is supremely intelligent; Vikramah — He who has valor; Vamana's stride; Kramah — He who is the order of the universe; Anuttamah — He who has no superior; the incomparable; Duraadharshah — He who cannot be challenged; Kritajnah — He who knows all that is done; the grateful one; Kritih — He who is the cause of action; Aatmavaan — The self-possessed; he who is established in Self







सुरेशः शरणं शर्म विश्वरेताः प्रजाभवः ।

अहस्संवत्सरो व्यालः प्रत्ययः सर्वदर्शनः ॥

*Sureśah Śaranam Śarma Viśvaretāh Prajābhavah*

*Ahas-samvatsaro Vyālah Pratyayah Sarva-darśanah*

#### MEANING

Sureshah — The Lord of the Devas; Sharanam — The ultimate refuge; Sharma — He who is supreme bliss; Vishvaretaah — The seed of the universe; Prajaabhavah — The source from whom all beings are born; Ahah — He who is luminous as the day; Samvatsarah — He from whom time originates; the year; Vyaalah — He who is ungraspable like a serpent; Pratyayah — He who is the basis of faith and trust; Sarva-darshanah — He who sees everything; the all-seeing





अजः सर्वेश्वरः सिद्धः सिद्धिः सर्वादिरच्युतः ।

वृषाकपिरमेयात्मा सर्वयोगविनिःसृतः ॥

*Ajah Sarveshvarah Siddhah Siddhih Sarvaadir-achyutah  
Vrishaakapir-ameyaatmaa Sarva-yoga-vinihsritah*

#### MEANING

Ajah — The unborn; he who has no birth; Sarveshvarah — The Lord of all; Siddhah — The most perfect; the accomplished; Siddhih — He who is the goal of attainment; Sarvaadih — The origin of all; Achyutah — He who never falls; the infallible; Vrishaakapih — He who showers dharma; Ameyaatmaa — He whose nature is immeasurable; Sarva-yoga-vinihsritah — He who is free from all attachments





वसुर्वसुमनाः सत्यः समात्माऽसम्मितः समः ।

अमोघः पुण्डरीकाक्षो वृषकर्मा वृषाकृतिः ॥

*Vasur-vasumanāh Satyah Samātmā-asammitah Samah  
Amoghah Pundarīkāksho Vrishakarmā Vrishākritih*

#### MEANING

Vasuh — He who dwells in all; the refuge; Vasumanah — He whose mind is pure and good; Satyah — The truth; the real; Samaatmaa — He who is the same to all; equanimous; Asammitah — He who is immeasurable; Samah — The equal; the impartial; Amoghah — He who is ever fruitful; never futile; Pundareekaakshah — He who has lotus-like eyes; Vrishakarmaa — He whose every act is righteous; Vrishaakritih — He who is the form of dharma





रुद्रो बहुशिरा बभ्रुर्विश्वयोनिः शुचिश्रवाः ।

अमृतः शाश्वतस्थाणुर्वरारोहो महातपाः ॥

*Rudro Bahushiraa Babhrur-vishvayonih Shuchishravāh*

*Amritah Shāshvata-sthānur-varāroho Mahātapāh*

#### MEANING

Rudrah — He who makes all beings cry at dissolution; Bahushiraa — He who has many heads (Cosmic Form); Babhruh — He who supports the world; Vishvayonih — The womb of the universe; Shuchishravah — He whose fame is pure; who hears pure words; Amritah — The immortal; the nectar of immortality; Shaashvata-sthaanuh — The eternally firm; the permanently fixed; Varaarohah — He who is the most worthy destination; Mahaatapah — He of great austerity; supreme penance





सर्वगः सर्वविद्भानुर्विश्वक्सेनो जनार्दनः ।  
वेदो वेदविदव्यङ्गो वेदाङ्गो वेदवित्कविः ॥

*Sarvagah Sarvavidbhānur-vishvakseno Janārdanah*  
*Vedo Vedavid-avyango Vedāngo Vedavit-kavīh*

#### MEANING

Sarvagah — He who pervades everything; all-reaching; Sarvavid — The omniscient; the all-knowing; Bhaanuh — The luminous one; self-effulgent; Vishvaksenah — He against whom no army can stand; Janardana — He who torments the wicked; liberator of people; Vedah — He who is the Vedas; knowledge itself; Vedavid — The knower of the Vedas; Avyanga — He who is without any imperfections; Vedaanga — He whose limbs are the Vedas; Vedavit — He who knows the true meaning of Vedas; Kavīh — The supreme poet; the seer







लोकाध्यक्षः सुराध्यक्षो धर्माध्यक्षः कृताकृतः ।

चतुरात्मा चतुर्व्यूहश्चतुर्दंष्ट्रश्चतुर्भुजः ॥

*Lokādhyaakshah Surādhyaaksho Dharmādhyaakshah Kritākritah  
Chaturātmā Chaturvyūhash-chaturdamshṭrash-chaturbhujah*

#### MEANING

Lokadhyakshah — The presiding lord of all worlds; Suradhyakshah — The presiding lord of all Devas; Dharmadhyakshah — The presiding lord of Dharma; Kritaakritah — He who is both effect and cause; Chaturaatmaa — He of four-fold nature (Vyuha forms); Chaturvyoohah — He of four emanations (Vasudeva, Sankarshana, Pradyumna, Aniruddha); Chaturdamshṭrah — He with four fangs (Narasimha); Chaturbhujah — He who has four arms





भ्राजिष्णुर्भोजनं भोक्ता सहिष्णुर्जगदादिजः ।  
अनघो विजयो जेता विश्वयोनिः पुनर्वसुः ॥

*Bhrājishnur-bhojanam Bhoktā Sahishnur-jagadādijah  
Anagho Vijayo Jetā Vishvayonih Punarvasuh*

#### MEANING

Bhraajishnuh — He who is effulgent; self-illuminating; Bhojanam — He who is the food; the sustenance; Bhoktaa — The enjoyer; the experiencer; Sahishnuh — He who is infinitely patient; enduring; Jagadaadijah — He who was born before the world; Anaghah — He who is sinless; without fault; Vijayah — The victorious; ever-triumphant; Jetaa — The conqueror; Vishvayonih — The cause of the universe; Punarvasuh — He who dwells again and again (in bodies)





उपेन्द्रो वामनः प्रांशुरमोघः शुचिरूर्जितः ।

अतीन्द्रः सङ्ग्रहः सर्गो धृतात्मा नियमो यमः ॥

*Upendro Vāmanah Prāamshur-amoghah Shuchir-oorjitah  
Ateendrah Sangraahah Sargo Dhritātmā Niyamo Yamah*

#### MEANING

Upendrah — The younger brother of Indra (Vamana); Vaamanah — He who took the dwarf form (Vamana avatar); Praamshuh — He who is very tall (Trivikrama); Amoghah — He whose acts are never in vain; Shuchih — He who is pure; Oorjitah — He who has infinite strength; Ateendrah — He who surpasses Indra; Sangraahah — He who gathers everything together; Sargah — The creation itself; Dhritaatamaa — He who is self-supported; Niyamah — He who is the controller; the regulator; Yamah — He who is the ruler; the restrainer







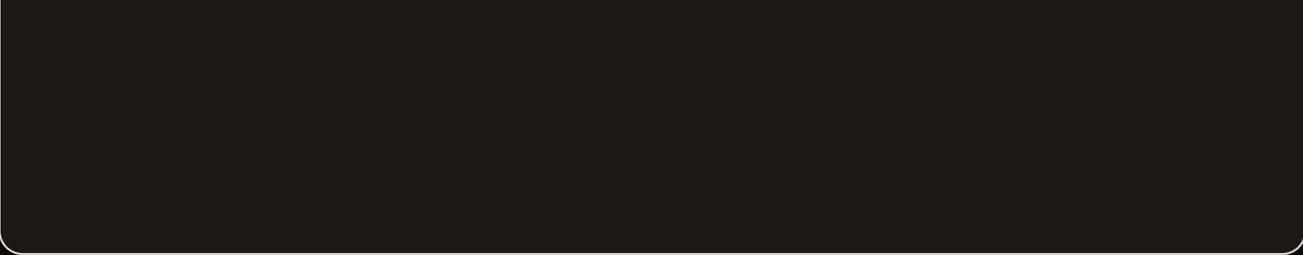
वेद्यो वैद्यः सदायोगी वीरहा माधवो मधुः ।  
अतीन्द्रियो महामायो महोत्साहो महाबलः ॥

*Vedyo Vaidyah Sadāyogee Veerahā Mādhavo Madhuh  
Ateendriyo Mahāmāyo Mahotsāho Mahābalaḥ*

#### MEANING

Vedyah — He who is to be known; the goal of knowledge; Vaidyah — The supreme healer; the divine physician; Sadaayogee — He who is always in Yoga; Veeraha — The destroyer of valiant demons; Maadhavah — The Lord of knowledge; consort of Lakshmi; Madhuh — He who is sweet like honey; Ateendriyah — He who is beyond the senses; Mahaamaayah — He of great illusion (Maya); Mahotsaahah — He of great enthusiasm and energy; Mahaabalah — He of supreme strength







महाबुद्धिर्महावीर्यो महाशक्तिर्महाद्युतिः ।

अनिर्देश्यवपुः श्रीमानमेयात्मा महाद्रिधृक् ॥

*Mahābuddhir-mahāveeryo Mahāshaktir-mahādyutih*

*Anirdeshya-vapuh Shreemān-ameyātmā Mahādrīdhrik*

#### MEANING

Mahaabuddhih — He of infinite intelligence; Mahaaveeryah — He of supreme valor and virility; Mahaashaktih — He of supreme power; Mahaadyutih — He of great splendor; Anirdeshyavapuh — He whose form is indescribable; Shreemaan — He who is always with Lakshmi; Ameyaatmaa — He whose nature cannot be measured; Mahaadridhrik — He who holds up the great mountain (Mandara/Govardhana)





महेष्वासो महीभर्ता श्रीनिवासः सतां गतिः ।

अनिरुद्धः सुरानन्दो गोविन्दो गोविदां पतिः ॥

*Maheshvāso Maheebhartā Shreenivāśah Satām Gatih*

*Aniruddhah Surānando Govindo Govidām Patih*

#### MEANING

Maheshvaasah — He who wields the great bow; Maheebhartaa — The supporter of the earth; Shreenivaasah — The abode of Shri (Lakshmi); Sataam Gatih — The refuge of the good; Aniruddhah — He who cannot be obstructed; Suraanandah — He who gives joy to the Devas; Govindah — The protector of cows; finder of the Vedas; Govidaam Patih — The Lord of those who know the Vedas





मरीचिर्दमनो हंसः सुपर्णो भुजगोत्तमः ।

हिरण्यनाभः सुतपाः पद्मनाभः प्रजापतिः ॥

*Mareechir-damano Hamsah Suparno Bhujagottamah*

*Hiranyanābhah Sutapāh Padmanābhah Prajāpatih*

#### MEANING

Mareechih — He who is the ray of light; Damanah — He who subdues the wicked; Hamsah — The swan; the pure soul; the discriminator; Suparnah — He who has beautiful wings (as Garuda); Bhujagottamah — The best among serpents (Ananta Shesha); Hiranyanabhah — He with a golden navel; Sutapah — He of supreme austerity; Padmanabhah — He from whose navel the lotus springs; Prajapatih — The Lord of all beings





अमृत्युः सर्वदृक्सिंहः सन्धाता सन्धिमान् स्थिरः ।

अजो दुर्मर्षणः शास्ता विश्रुतात्मा सुरारिहा ॥

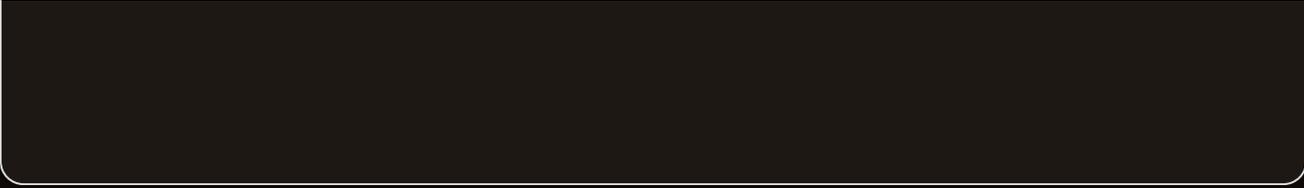
*Amrityuh Sarvadrik-simhah Sandhātā Sandhimān Sthirah*

*Ajo Durmarshhanah Shāstā Vishrutātmā Surārihā*

#### MEANING

Amrityuh — He who is deathless; beyond death; Sarvadrik — The all-seeing; Simhah — The lion; the powerful; Sandhaataa — He who unites; the connector; Sandhimaan — He who is always united; Sthirah — The firm; the steady; Ajah — The unborn; Durmarshhanah — He who cannot be overcome; Shaastaa — The teacher; the ruler; the punisher of evil; Vishrutaatmaa — He whose soul is renowned everywhere; Suraarihaa — The destroyer of the enemies of the Devas







गुरुर्गुरुतमो धाम सत्यः सत्यपराक्रमः ।

निमिषोऽनिमिषः स्रग्वी वाचस्पतिरुदारधीः ॥

*Gurur-gurutamo Dhāma Satyah Satya-parākramah*

*Nimisho-animishah Sragvee Vāchaspati-rudāradheeh*

#### MEANING

Guruh — The great teacher; the supreme Guru; Gurutamah — The greatest teacher; Dhaama — The supreme abode; the effulgent light; Satyah — The truth; Satya-paraakramah — He whose valor is always true; Nimishah — He who winks (the living beings); Animishah — He who is ever-watchful; never winks; Sragvee — He who wears the garland (Vaijayanti); Vaachaspatih — The Lord of speech; master of eloquence; Udaaradheeh — He of noble and generous intellect





अग्रणीर्ग्रामणीः श्रीमान् न्यायो नेता समीरणः ।  
सहस्रमूर्धा विश्वात्मा सहस्राक्षः सहस्रपात् ॥

*Agraneer-grāmaneeh Shreemān Nyāyo Netā Sameeranaḥ*  
*Sahasra-moordhā Vishvātmā Sahasrākshah Sahasrapāt*

#### MEANING

Agraneeh — He who leads from the front; Graamaneeh — The leader of the community; Shreemaan — He who possesses all glory; Nyaayah — He who is justice itself; Netaa — The leader; the guide; Sameeranaḥ — He who moves as the wind; Sahasra-moordhaa — He of thousand heads; Vishvaatmaa — The soul of the universe; Sahasraakshah — He of thousand eyes; Sahasrapaat — He of thousand feet





आवर्तनो निवृत्तात्मा संवृतः सम्प्रमर्दनः ।  
अहस्संवर्तको वह्निरनिलो धरणीधरः ॥

*Aavartano Nivrittātmā Samvritah Sampramardanah  
Ahah-samvartako Vahnir-anilo Dharaneedharah*

#### MEANING

Aavartanah — He who turns the wheel of existence; Nivrittaatmaa — He whose nature is turned inward; Samvritah — He who is veiled (by Maya); Sampramardanah — He who crushes evil completely; Ahah-samvartakah — He who turns day into night (dissolution); Vahnih — He who is fire; the carrier of offerings; Anilah — He who is the wind; the life breath; Dharaneedharah — The supporter of the earth





सुप्रसादः प्रसन्नात्मा विश्वधृग्विश्वभुग्विभुः ।

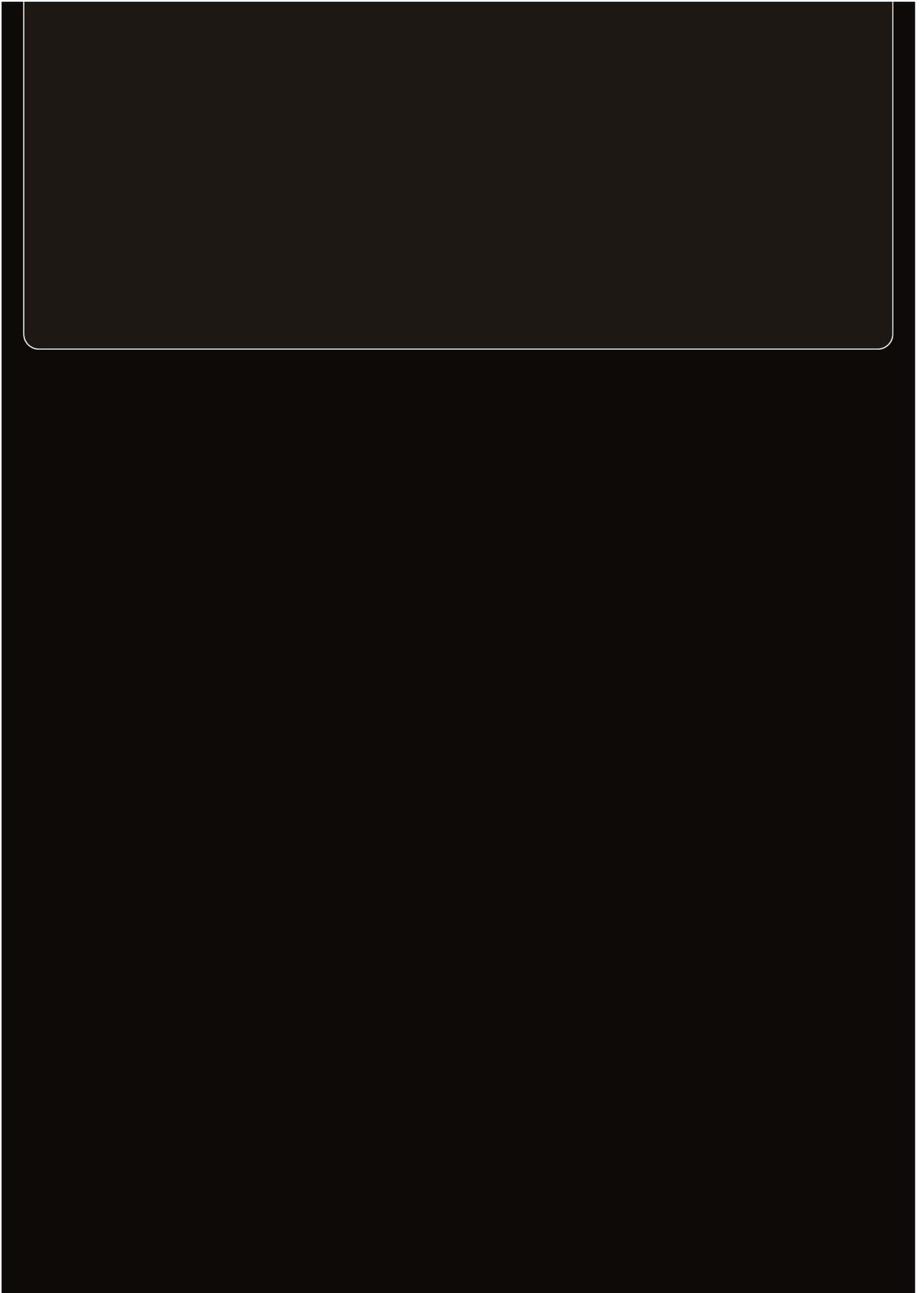
सत्कर्ता सत्कृतः साधुर्जह्नुर्नारायणो नरः ॥

*Suprasādah Prasannātmā Vishvadhriḡ-vishvabhug-vibhuh*  
*Satkartā Satkritah Sādhur-jahnur-nārāyano Narah*

#### MEANING

Suprasaadah — He who is full of grace; Prasannaatmaa — He who is ever-joyful in nature; Vishvadhrik — The supporter of the universe; Vishvabhuk — The enjoyer and protector of the universe; Vibhuh — He who is omnipresent; the all-pervading; Satkartaa — He who honors the good; Satkritah — He who is honored by the virtuous; Saadhuh — The righteous one; the virtuous; Jahnuh — He who conceals his power; Naarayanah — The refuge of all beings; dwelling in waters; Narah — The eternal man; the indestructible







असंख्येयोऽप्रमेयात्मा विशिष्टः शिष्टकृच्छुचिः ।

सिद्धार्थः सिद्धसंकल्पः सिद्धिदः सिद्धिसाधनः ॥

*Asamkhyeyo-aprameyātmā Vishishṭah Shishṭakrich-chuchih  
Siddhārthah Siddha-sankalpah Siddhidah Siddhi-sādhanah*

#### MEANING

Asamkhyeyah — He who is innumerable; beyond counting;  
Aprameyaatmaa — He whose nature is immeasurable; Vishishṭah — He  
who is distinguished; supreme; Shishṭakrit — He who protects the  
righteous; Shuchih — He who is pure; Siddhaarthah — He who has  
accomplished all purposes; Siddha-sankalpah — He whose will is  
always fulfilled; Siddhidah — The bestower of accomplishment; Siddhi-  
saadhanah — The means to accomplishment





वृषाही वृषभो विष्णुर्वृषपर्वा वृषोदरः ।  
वर्धनो वर्धमानश्च विविक्तः श्रुतिसागरः ॥

*Vrishāhee Vrishabho Vishnur-vrishaparvā Vrishodarah  
Vardhano Vardhamānashcha Viviktah Shruti-sāgarah*

#### MEANING

Vrishaahee — He who shines with dharma; Vrishabhah — The bull of dharma; the best; Vishnuh — He who pervades everywhere; Vrishaparvaa — He who has dharma as the steps (to reach Him); Vrishodarah — He whose belly showers blessings; Vardhanah — He who nourishes and increases; Vardhamaanah — He who keeps growing (in glory); Viviktah — He who is unique and separate from all; Shruti-saagarah — The ocean of Vedic knowledge





सुभुजो दुर्धरो वाग्मी महेन्द्रो वसुदो वसुः ।

नैकरूपो बृहद्रूपः शिपिविष्टः प्रकाशनः ॥

*Subhujo Durdharo Vāgmee Mahendro Vasudo Vasuh*

*Naikarūpo Brihadrūpah Shipivishtah Prakāshanah*

#### MEANING

Subhujah — He who has beautiful arms; Durdharah — He who is difficult to hold in meditation; Vaagmee — He who is eloquent; Mahendrah — The Lord of Indra; the great Lord; Vasudah — The giver of wealth; Vasuh — He who is wealth itself; Naikaroopah — He who has many forms; Brihadroopah — He who has a vast form; Shipivishtah — He who pervades the rays of the sun; Prakaashanah — He who illuminates everything





ओजस्तेजोद्युतिधरः प्रकाशात्मा प्रतापनः ।

ऋद्धः स्पष्टाक्षरो मन्त्रश्चन्द्रांशुर्भास्करद्युतिः ॥

*Ojas-tejo-dyuti-dharah Prakāshātmā Pratāpanah*

*Riddhah Spashṭāksharo Mantrash-chandrāmshur-bhāskara-dyutih*

#### MEANING

Ojas-tejo-dyutidharah — He who possesses vitality, brilliance and splendor; Prakaashaatmaa — He whose nature is luminous; Prataapanah — He who scorches (evil); Riddhah — He who is full of prosperity; Spashtaaksharah — He who is clearly expressed in the syllable Om; Mantrah — He who is the sacred chant; the Vedic hymn; Chandraamshuh — He who has cool rays like the moon; Bhaaskara-dyutih — He who has the brilliance of the sun





अमृतांशूद्भवो भानुः शशबिन्दुः सुरेश्वरः ।

औषधं जगतः सेतुः सत्यधर्मपराक्रमः ॥

*Amritāmshoodbhavo Bhānuh Shashabinduh Sureshvarah  
Aushadham Jagatah Setuh Satya-dharma-parākramah*

#### MEANING

Amritaamshoodbhavah — He from whom the nectar-rayed moon originated; Bhaanuh — The self-luminous; the sun; Shashabinduh — He who has the mark of a hare (the moon); Sureshvarah — The Lord of the Devas; Aushadham — The supreme medicine for all ailments; Jagatah Setuh — The bridge across the ocean of worldly existence; Satya-dharma-paraakramah — He of truthful valor and righteous might





भूतभव्यभवन्नाथः पवनः पावनोऽनलः ।

कामहा कामकृत्कान्तः कामः कामप्रदः प्रभुः ॥

*Bhoota-bhavya-bhavan-nāthah Pavanah Pāvano-analah  
Kāmahā Kāmakrit-kāntah Kāmah Kāmapradah Prabhuh*

#### MEANING

Bhoota-bhavya-bhavannathah — The Lord of past, present and future;  
Pavanah — He who purifies; the wind; Paavanah — He who is the  
purifier; Analah — He who is the fire; of unlimited power; Kaamahaa —  
He who destroys desires; Kaamakrit — He who fulfills desires; Kaantah  
— He who is beautiful; the beloved; Kaamah — He who is the desired;  
Kaamapradah — He who grants all desires; Prabhuh — The almighty  
Lord





युगादिकृद्युगावर्तो नैकमायो महाशनः ।

अदृश्यो व्यक्तरूपश्च सहस्रजिदनन्तजित् ॥

*Yugādikrid-yugāvarto Naikamāyo Mahāshanah*

*Adrishyo Vyakta-roopashcha Sahasrajid-anantajit*

#### MEANING

Yugaadikrit — The creator of the Yugas (ages); Yugaavartah — He who turns the wheel of the ages; Naikamaayah — He of manifold illusions (Maya); Mahaashanah — He who eats everything at dissolution; Adrishyah — He who is invisible to ordinary eyes; Vyaktaroopah — He whose form is manifest; Sahasrajit — He who conquers thousands; Anantajit — He who is ever-victorious; conqueror of the infinite





इष्टोऽविशिष्टः शिष्टेष्टः शिखण्डी नहुषो वृषः ।

क्रोधहा क्रोधकृत्कर्ता विश्वबाहुर्महीधरः ॥

*Ishṭo-avishishṭah Shishṭeshṭah Shikhandee Nahusho Vrishahh*

*Krodhahā Krodhakrit-kartā Vishvabāhur-maheerdharah*

#### MEANING

Isṭah — He who is desired by all; Avishishṭah — He who is equal to all; Shishṭeshṭah — He who is dear to the righteous; Shikhandee — He who wears a crown of peacock feathers; Nahushah — He who binds beings with Maya; Vrishah — He who showers blessings (dharma); Krodhahaa — He who destroys anger; Krodhakrit — He who creates righteous anger against evil; Kartaa — The doer; the supreme agent; Vishvabaahuh — He whose arms are everywhere; Maheedharah — The supporter of the earth







अच्युतः प्रथितः प्राणः प्राणदो वासवानुजः ।

अपां निधिरधिष्ठानमप्रमत्तः प्रतिष्ठितः ॥

*Achyutah Prathitah Prānah Prānadah Vāsavānujah*

*Apām Nidhir-adhishṭhānam-apramattah Pratishṭhitah*

#### MEANING

Achyutah — He who never falls; the infallible; Prathitah — He who is famous; the well-known; Praanah — The life force; the vital breath; Praanadah — The giver of life; Vaasavaanujah — The younger brother of Vasava (Indra); Apaam Nidhih — The reservoir of waters; the ocean; Adhishṭhaanam — The foundation; the substratum; Apramattah — He who is ever vigilant; Pratishṭhitah — He who is firmly established





स्कन्दः स्कन्दधरो धुर्यो वरदो वायुवाहनः ।

वासुदेवो बृहद्भानुरादिदेवः पुरन्दरः ॥

*Skandah Skanda-dharo Dhuryo Varado Vāyu-vāhanah*

*Vāsudevo Brihad-bhānur-ādidevah Purandarah*

#### MEANING

Skandah — He who dries up (evil); or the father of Skanda; Skanda-dharah — The upholder of righteousness; Dhuryah — He who bears the burden (of the universe); Varadah — The granter of boons; Vaayu-vaahanah — He who makes the wind blow; Vaasudevah — The son of Vasudeva; He who dwells in all; Brihad-bhaanuh — He of great luster; Aadidevah — The first God; the primal deity; Purandarah — The destroyer of enemy cities





अशोकस्तारणस्तारः शूरः शौरिर्जनेश्वरः ।

अनुकूलः शतावर्तः पद्मी पद्मनिभेक्षणः ॥

*Ashokah Tāranah Tārah Shūrah Shaurir-janeshvarah*

*Anukoolah Shatāvartah Padmee Padma-nibhekshhanah*

#### MEANING

Ashokah — He who is without sorrow; Taaranah — He who takes across the ocean of samsara; Taarah — He who liberates; Shoorah — The valiant hero; Shaurih — The descendant of Shoorā (Krishna); Janeshvarah — The Lord of all people; Anukoolah — He who is favorable to all; Shataavartah — He who takes hundreds of incarnations; Padmee — He who holds the lotus; Padma-nibhekshanah — He whose eyes resemble the lotus





पद्मनाभोऽरविन्दाक्षः पद्मगर्भः शरीरभृत् ।

महर्द्धिर्ऋद्धो वृद्धात्मा महाक्षो गरुडध्वजः ॥

*Padmanābho-aravindākshah Padmagarbhah Shareerabhrit  
Mahardhir-riddho Vriddhātmā Mahāksho Garuda-dhvajah*

#### MEANING

Padmanaabhah — He whose navel is like a lotus; Aravindaakshah — He whose eyes are like lotuses; Padmagarbhah — He who resides inside the lotus; Shareerabhrit — The protector of all bodies; Mahardhih — He of great prosperity; Riddhah — He who is full of prosperity; Vriddhaatmaa — The ancient Self; Mahaakshah — He of great eyes; Garuda-dhvajah — He whose flag bears Garuda





अतुलः शरभो भीमः समयज्ञो हविर्हरिः ।

सर्वलक्षणलक्षण्यो लक्ष्मीवान् समितिञ्जयः ॥

*Atulah Sharabho Bheemah Samayajño Havirharih*

*Sarva-lakshana-lakshanyo Lakshmee-vān Samitinjayah*

#### MEANING

Atulah — He who is incomparable; Sharabhah — He who shines as the inner light; Bheemah — He who is fearsome to the wicked; Samayajnah — He who knows the right time for everything; Havirharih — He who receives the sacrificial offerings; Sarva-lakshana-lakshanyah — He who has all auspicious marks; Lakshmee-vaan — He who is endowed with Lakshmi; Samitinjayah — He who is victorious in battle





विक्षरो रोहितो मार्गो हेतुर्दामोदरः सहः ।

महीधरो महाभागो वेगवानमिताशनः ॥

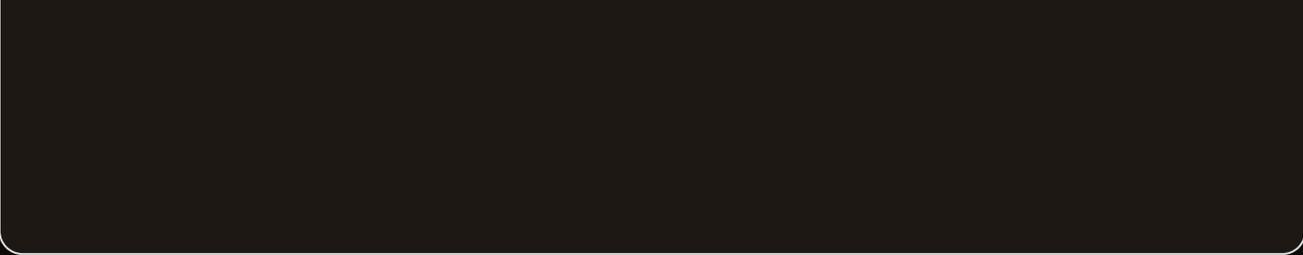
*Viksharo Rohito Mārgo Hetur-dāmodarah Sahah*

*Maheerdahro Mahābhāgo Vegavān-amitāshanah*

#### MEANING

Viksharah — He who never decays; Rohitah — He who is red (of the color of the rising sun); Maargah — He who is the path (to liberation); Hetuh — The cause; the reason for creation; Daamodarah — He who was bound by a rope around His belly (by Yashoda); Sahah — He who endures; the patient one; Maheedharah — The bearer of the earth; Mahaabhaagah — He who is supremely fortunate; Vegavaan — He who is swift; Amitaashanah — He of unlimited appetite (consuming all at dissolution)







उद्भवः क्षोभणो देवः श्रीगर्भः परमेश्वरः ।

करणं कारणं कर्ता विकर्ता गहनो गुहः ॥

*Udbhavah Kshobhano Devah Shreegarbhah Parameshvarah  
Karanam Kaaranam Kartaa Vikartaa Gahano Guhah*

#### MEANING

Udbhavah — He who is the origin; the source of creation; Kshobhanah — He who agitates (Prakriti at the time of creation); Devah — The self-luminous; the divine; Shreegarbhah — He in whom Lakshmi dwells; Parameshvarah — The supreme Lord; Karanam — The instrument; the means; Kaaranam — The cause; Kartaa — The doer; the agent of all actions; Vikartaa — The creator of the diverse universe; Gahanah — He who is unfathomable; deep; Guhah — He who hides within the heart







व्यवसायो व्यवस्थानः संस्थानः स्थानदो ध्रुवः ।

परर्धिः परमस्पष्टस्तुष्टः पुष्टः शुभेक्षणः ॥

*Vyavasaayo Vyavasthaanah Samsthaanah Sthaanado Dhruvah  
Parardhih Paramaspashṭah Tushṭah Pushṭah Shubhekshanah*

#### MEANING

Vyavasaayah — He who is resolute determination; Vyavasthaanah — He who is the foundation of all; Samsthaanah — He in whom all beings abide; Sthaanandah — He who gives the right place to all; Dhruvah — He who is unchanging; the fixed; Parardhih — He of supreme prosperity; Paramaspashṭah — He who is supremely clear; Tushṭah — He who is ever content; Pushṭah — He who is nourished; full and complete; Shubhekshanah — He whose glance is auspicious





रामो विरामो विरजो मार्गो नेयो नयोऽनयः ।

वीरः शक्तिमतां श्रेष्ठो धर्मो धर्मविदुत्तमः ॥

*Raamo Viraamo Virajo Maargo Neyo Nayo-anayah*

*Veerah Shaktimataam Shreshṭho Dharmo Dharmaviduttamah*

#### MEANING

Raamah — He who is delightful; Rama incarnation; Viraamah — He who is the resting place of all; Virajah — He who is passionless; without Rajas; Maargah — He who is the path to liberation; Neyah — He who leads; the guide; Nayah — He who is the policy; the right conduct; Anayah — He who has no leader above Him; Veerah — The heroic; the valiant; Shaktimataam Shreshṭhah — The best among the powerful; Dharmah — He who is Dharma itself; Dharmaviduttamah — The highest among the knowers of Dharma







वैकुण्ठः पुरुषः प्राणः प्राणदः प्रणवः पृथुः ।

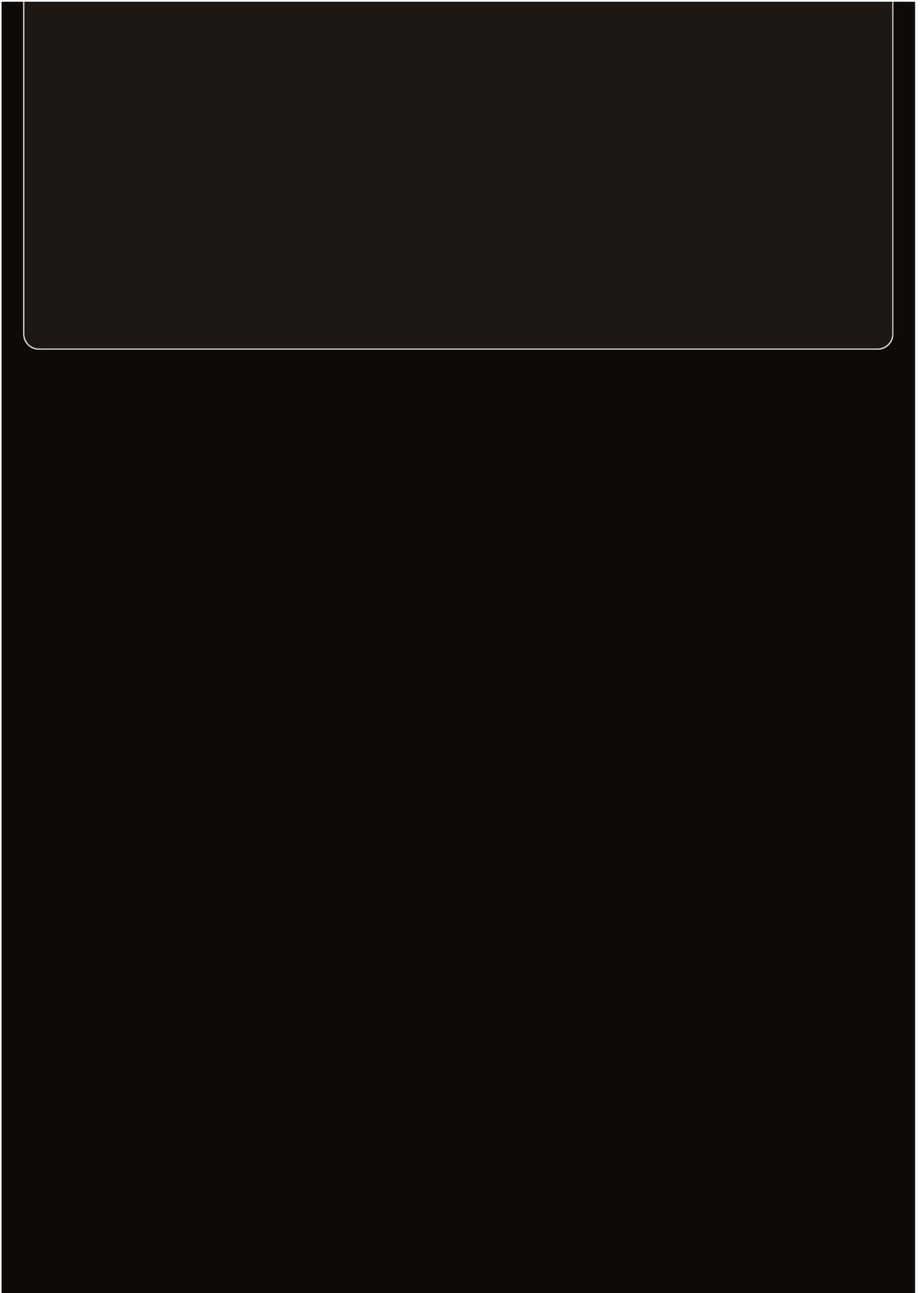
हिरण्यगर्भः शत्रुघ्नो व्याप्तो वायुरधोक्षजः ॥

*Vaikunṭhah Purushah Praanah Praanadah Pranavah Prithuh  
Hiranyagarbhah Shatrughno Vyaapto Vaayur-adhokshajah*

#### MEANING

Vaikunṭhah — He who prevents beings from straying; Lord of Vaikuntha; Purushah — The Supreme Being who fills all; Praanah — The life breath; Praanadah — The giver of life; Pranavah — He who is praised with Om; Prithuh — He who is vast; the expanded; Hiranyagarbhah — He who is the golden cosmic womb; Shatrughnah — The destroyer of enemies; Vyaaptah — He who pervades all; Vaayuh — He who is the wind; the life force; Adhokshajah — He who is beyond sense perception







ऋतुः सुदर्शनः कालः परमेष्ठी परिग्रहः ।

उग्रः संवत्सरो दक्षो विश्रामो विश्वदक्षिणः ॥

*Rituh Sudarshanah Kaalah Parameshṭhee Parigrahaḥ*

*Ugrah Samvatsaro Daksho Vishraamo Vishvadakshinah*

#### MEANING

Rituh — He who is the seasons; Sudarshanah — He whose vision is beautiful; the Sudarshana disc; Kaalah — He who is time itself; Parameshṭhee — He who resides in the supreme abode; Parigrahaḥ — He who receives all; the acceptor; Ugrah — The fierce; the terrible to the wicked; Samvatsarah — He in whom all beings dwell; Dakshah — He who is skillful and prompt; Vishraamah — The place of rest; Vishvadakshinah — He who is skillful in all; most generous to all





विस्तारः स्थावरस्थाणुः प्रमाणं बीजमव्ययम् ।

अर्थोऽनर्थो महाकोशो महाभोगो महाधनः ॥

*Vistaarah Sthaavara-sthaanuh Pramaanam Beejam-avyayam*

*Artho-anartho Mahaakosho Mahaabhogo Mahaadhanah*

#### MEANING

Vistaarah — He who is the expansion of the universe; Sthaavara-sthaanuh — He who is firm and immovable; Pramaanam — He who is the proof; the authority; Beejam-avyayam — The imperishable seed; Arthah — He who is sought after; the goal; Anarthah — He who has no unfulfilled desires; Mahaakosho — He who has a great sheath; Mahaabhogah — He of great enjoyment; Mahaadhanah — He of great wealth





अनिर्विण्णः स्थविष्ठोऽभूर्धर्मयूपो महामखः ।

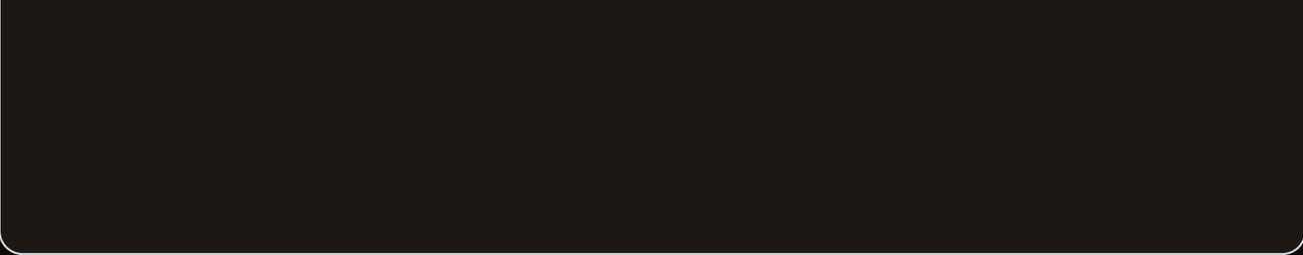
नक्षत्रनेमिर्नक्षत्री क्षमः क्षामः समीहनः ॥

*Anirviṇṇah Sthavishṭho-bhoor-dharmayoopo Mahaamakhaḥ  
Nakshatra-nemir-nakshatree Kshamah Kshaamah Sameehanah*

#### MEANING

Anirviṇṇah — He who is never despondent; Sthavishṭhah — The supremely massive; the greatest; Abhooh — He who is without birth; Dharmayoopah — He who is the pillar of Dharma; Mahaamakhaḥ — He who is the great sacrifice; Nakshatranemih — He who is the axis of the stars; Nakshatree — He who is the Lord of the stars; Kshamah — He who is patient and forgiving; Kshaamah — He who remains after destruction; the diminisher; Sameehanah — He who strives for the welfare of all







यज्ञ इज्यो महेज्यश्च क्रतुः सत्रं सतां गतिः ।  
सर्वदर्शी विमुक्तात्मा सर्वज्ञो ज्ञानमुत्तमम् ॥

*Yajña Ijyo Mahejyashcha Kratuh Satram Sataam Gatih  
Sarvadarsee Vimuktaatmaa Sarvajño Jñaanam-uttamam*

#### MEANING

Yajñah — He who is the sacrifice itself; Ijyah — He who is worthy of worship; Mahejyah — He who is most worthy of worship; Kratuh — He who is the Vedic ritual; Satram — He who protects the good; Sataam Gatih — The refuge of the virtuous; Sarvadarsee — The all-seeing; Vimuktaatmaa — The ever-liberated Self; Sarvajñah — The omniscient; Jñaanam-uttamam — The supreme knowledge





सुव्रतः सुमुखः सूक्ष्मः सुघोषः सुखदः सुहृत् ।

मनोहरो जितक्रोधो वीरबाहुर्विदारणः ॥

*Suvratah Sumukhah Sookshmah Sughoshah Sukhadah Suhrit  
Manoharo Jitakrodho Veerabaahur-vidaaranah*

#### MEANING

Suvratah — He who has taken auspicious vows; Sumukhah — He who has a beautiful face; Sookshmah — He who is subtle; Sughoshah — He whose voice is sweet (the Vedas); Sukhadah — The bestower of happiness; Suhrit — The true friend of all beings; Manoharah — He who captivates the mind; Jitakrodhah — He who has conquered anger; Veerabaahuh — He of heroic arms; Vidaaranah — He who tears apart (evil)





स्वापनः स्ववशो व्यापी नैकात्मा नैककर्मकृत् ।

वत्सरो वत्सलो वत्सी रत्नगर्भो धनेश्वरः ॥

*Svaapanah Svavaho Vyaapee Naikaatmaa Naikakarmakrit*

*Vatsaro Vatsalo Vatsee Ratnagarbho Dhaneshvarah*

#### MEANING

Svaapanah — He who puts beings to sleep (at dissolution); Svavasho — He who is self-controlled; independent; Vyaapee — The all-pervading; Naikaatmaa — He of many forms; Naikakarmakrit — He who performs many actions; Vatsarah — He in whom all beings abide; Vatsalah — He who is full of affection; Vatsee — He who is the father; protector of His children; Ratnagarbhah — He who is the treasure of gems (the ocean); Dhaneshvarah — The Lord of wealth





धर्मगुब्धर्मकृद्धर्मी सदसत्क्षरमक्षरम् ।

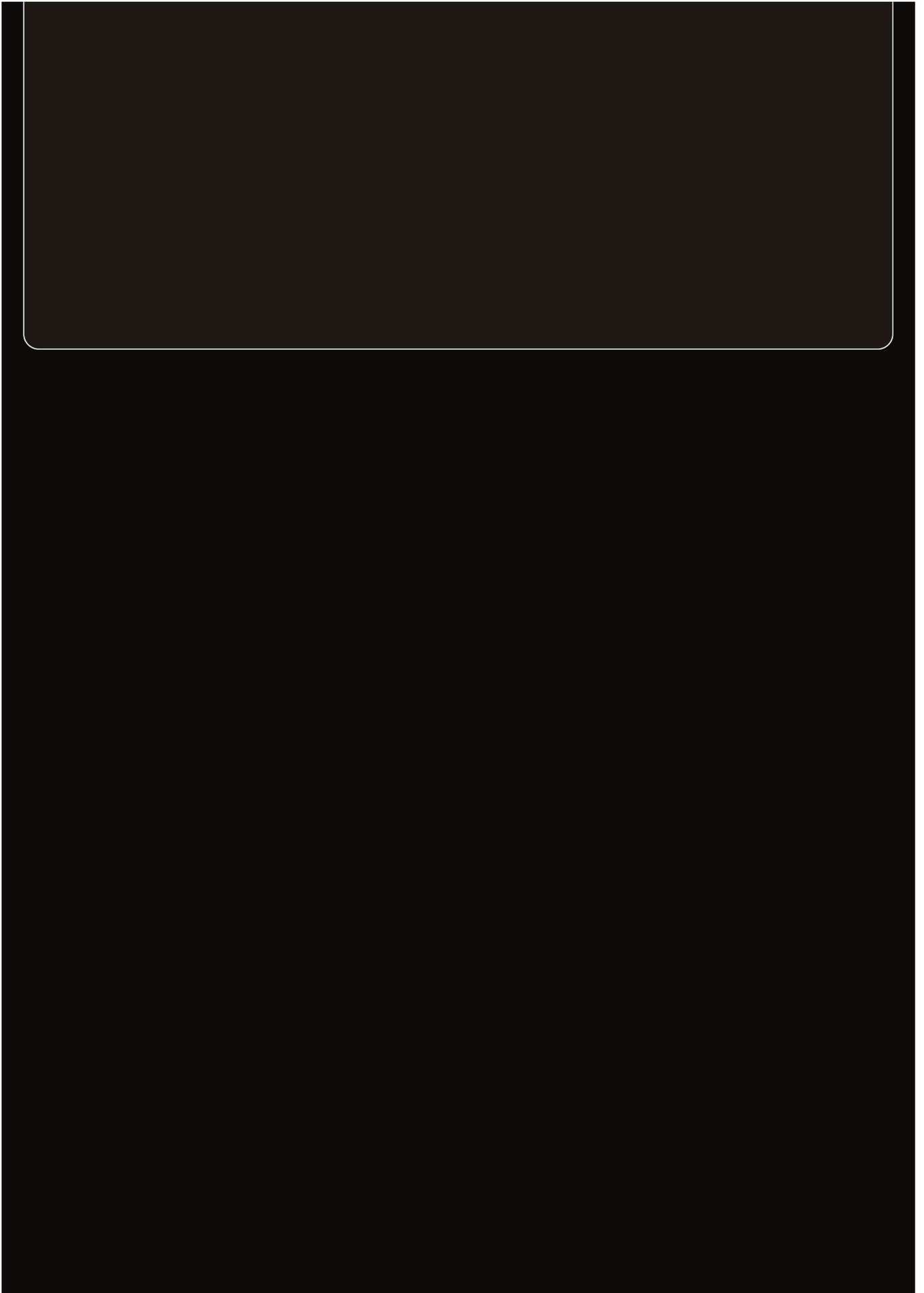
अविज्ञाता सहस्रांशुर्विधाता कृतलक्षणः ॥

*Dharmagub-dharmakrid-dharmee Sadasat-ksharam-aksharam  
Avijñāataa Sahasraamshur-vidhaataa Kritalakshanah*

#### MEANING

Dharmagup — The protector of Dharma; Dharmakrit — He who practices Dharma; Dharmee — He who is the supporter of Dharma; Sat — He who is existence; the real; Asat — He who is beyond the manifest; Ksharam — He who appears to perish (in beings); Aksharam — The imperishable; Avijñāataa — He who is not known by ordinary means; Sahasraamshuh — He of a thousand rays; Vidhaataa — The supreme ordainer; Kritalakshanah — He who is known by definite characteristics







गभस्तिनेमिः सत्त्वस्थः सिंहो भूतमहेश्वरः ।

आदिदेवो महादेवो देवेशो देवभृद्गुरुः ॥

*Gabhastih-nemih Sattvasthah Simho Bhoota-maheshvarah  
Aadidevoh Mahaadevoh Devesho Devabhrid-guruh*

#### MEANING

Gabhastihnemih — He who is the hub of the cosmic wheel of light;  
Sattvasthah — He who abides in Sattva (goodness); Simhah — The lion; the destroyer of sin; Bhoota-maheshvarah — The great Lord of all beings; Aadidevah — The first God; the primal deity; Mahaadevah — The great God; Deveshah — The Lord of all Gods; Devabhrit-guruh — The sustainer of the Gods and their teacher





उत्तरो गोपतिर्गोप्ता ज्ञानगम्यः पुरातनः ।

शरीरभूतभृद्भोक्ता कपीन्द्रो भूरिदक्षिणः ॥

*Uttaro Gopatir-goptaa Jñaanagamyah Puraatanah*

*Shareera-bhoota-bhrid-bhoktaa Kapeendro Bhooridakshinah*

#### MEANING

Uttarah — He who lifts beings from the ocean of samsara; Gopatih — The Lord of the earth; protector of cows; Goptaa — The protector; Jñaanagamyah — He who is attainable through knowledge; Puraatanah — The ancient one; Shareera-bhoota-bhrit — He who sustains the elements that make up the body; Bhoktaa — The enjoyer; Kapeendrah — The Lord of the monkeys (Rama); Bhooridakshinah — He who gives abundant gifts





सोमपोऽमृतपः सोमः पुरुजित्पुरुसत्तमः ।

विनयो जयः सत्यसन्धो दाशार्हः सात्त्वतां पतिः ॥

*Somapo-amritapah Somah Purujit-purusattamah*

*Vinayo Jayah Satyasandho Daashaarhah Saattvataam Patih*

#### MEANING

Somapah — He who drinks the Soma in sacrifices; Amritapah — He who drinks the nectar of immortality; Somah — He who is the moon; the nourisher; Purujit — He who has conquered many; Purusattamah — The best among men; Vinayah — He who is the subduer; humble; Jayah — He who is victory; Satyasandhah — He whose promises are true; Daashaarhah — He who is worthy of gifts; born in the Dasharha clan; Saattvataam Patih — The Lord of the Saattvatas (Yadavas)





जीवो विनयिता साक्षी मुकुन्दोऽमितविक्रमः ।  
अम्भोनिधिरनन्तात्मा महोदधिशयोऽन्तकः ॥

*Jeevo Vinayitaa Saakshee Mukundo-amitavikramah  
Ambhonidhir-anantaatmaa Mahodadhisshayo-antakah*

#### MEANING

Jeevah — He who gives life to all beings; Vinayitaa — He who disciplines; the humbler; Saakshee — The eternal witness; Mukundah — He who grants liberation (Mukti); Amitavikramah — He of immeasurable valor; Ambhonidhih — The ocean; the repository of waters; Anantaatmaa — The infinite Self; Mahodadhisshayah — He who reclines on the great ocean; Antakah — The destroyer (of all at dissolution)





अजो महार्हः स्वाभाव्यो जितामित्रः प्रमोदनः ।

आनन्दो नन्दनो नन्दः सत्यधर्मा त्रिविक्रमः ॥

*Ajo Mahaarhah Svaabhaavyo Jitaamitrah Pramodanah*

*Anando Nandano Nandah Satyadharmaa Trivikramah*

#### MEANING

Ajah — The unborn; Mahaarhah — He who is worthy of great worship; Svaabhaavyah — He who is eternally present by His own nature; Jitaamitrah — He who has conquered all enemies; Pramodanah — He who is ever blissful; Aanandah — He who is bliss; Nandanah — He who makes others happy; Nandah — He who is free from worldly pleasures; Satyadharmaa — He of true Dharma; Trivikramah — He who conquered the three worlds in three strides





महर्षिः कपिलाचार्यः कृतज्ञो मेदिनीपतिः ।

त्रिपदस्त्रिदशाध्यक्षो महाशृङ्गः कृतान्तकृत् ॥

*Maharshih Kapilaachaaryah Kritajño Medineepathi*

*Tripadah Tridashadhyaksho Mahaashringah Kritaantakrit*

#### MEANING

Maharshih — The great sage; Kapilaachaaryah — He who appeared as the sage Kapila; Kritajñah — He who knows all that is done; Medineepathih — The Lord of the earth; Tripadah — He who has three strides (Vamana); Tridashadhyakshah — The Lord of the thirty-three Devas; Mahaashringah — He of the great horn (Matsya avatar); Kritaantakrit — He who destroys death itself





महावराहो गोविन्दः सुषेणः कनकाङ्गदी ।

गुह्यो गभीरो गहनो गुप्तश्चक्रगदाधरः ॥

*Mahaavaraaho Govindah Sushenah Kanakaangadee*

*Guhyo Gabheero Gahano Guptash-chakra-gadaadharah*

#### MEANING

Mahaavaraahah — The great Boar (Varaha avatar); Govindah — The protector of cows and the earth; Sushenah — He who has a beautiful army; Kanakaangadee — He who wears golden armlets; Guhyah — He who is the secret; the hidden; Gabheerah — He who is unfathomable; profound; Gahanah — He who is impenetrable; Guptah — He who is hidden; the concealed; Chakra-gadaadharah — He who holds the disc (Sudarshana) and mace (Kaumodaki)





वेधाः स्वाङ्गोऽजितः कृष्णो दृढः संकर्षणोऽच्युतः ।

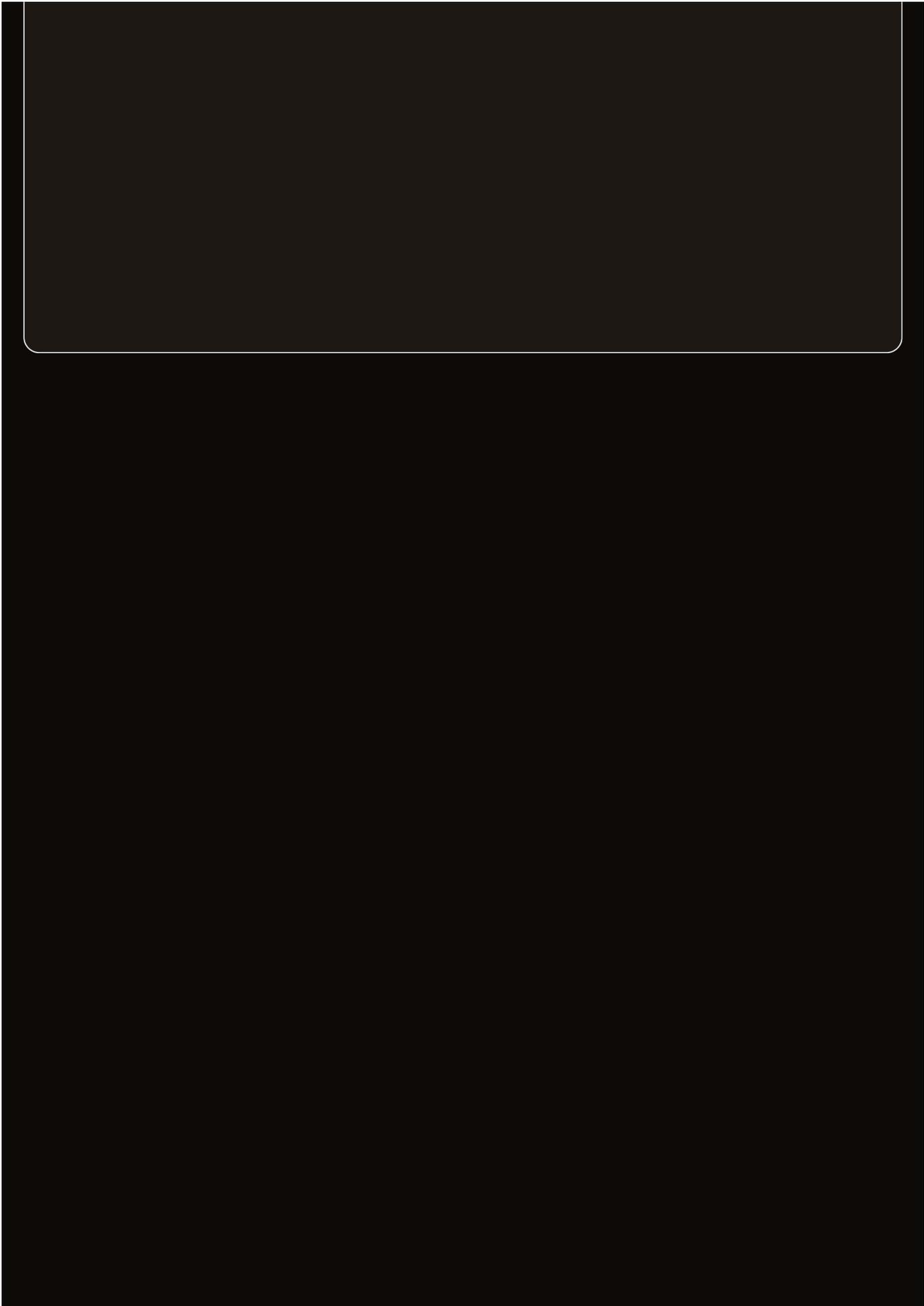
वरुणो वारुणो वृक्षः पुष्कराक्षो महामनाः ॥

*Vedhaah Svaango-ajitah Krishno Dridhah Sankarshanochyutah  
Varuno Vaaruno Vrikshah Pushkaraaksho Mahaamanah*

#### MEANING

Vedhaah — He who is the creator; Svaangah — He who is His own instrument; Ajitah — He who is unconquered; Krishnah — He who is dark-complexioned; all-attractive; Dridhah — He who is firm; unchanging; Sankarshano-achyutah — He who is Sankarshana and Achyuta (who draws all together and never falls); Varunah — He who envelops; the Lord of waters; Vaarunah — The son of Varuna; Vrikshah — He who is the tree of life; Pushkaraakshah — He whose eyes are lotus-like; Mahaamanah — He of great mind







भगवान् भगहाऽऽनन्दी वनमाली हलायुधः ।  
आदित्यो ज्योतिरादित्यः सहिष्णुर्गतिसत्तमः ॥

*Bhagavaan Bhagahaa-aanandee Vanamaalee Halaayudhah  
Aadityoh Jyotir-aadityah Sahishnur-gatisattamah*

#### MEANING

Bhagavaan — He who possesses all six opulences; Bhagahaa — He who destroys the six enemies (lust, anger, etc.); Aanandee — He who is ever blissful; Vanamaalee — He who wears the Vanamala garland; Halaayudhah — He who has the plough as weapon (Balarama); Aadityah — The son of Aditi; Jyotir-aadityah — The resplendence of the sun; Sahishnuh — He who is enduring; patient; Gatisattamah — The best refuge; the supreme goal





सुधन्वा खण्डपरशुर्दारुणो द्रविणप्रदः ।

दिविस्पृक्सर्वदृग्व्यासो वाचस्पतिरयोनिजः ॥

*Sudhanvaa Khandaparashur-daaruno Dravinapradah*

*Divisprik-sarvadruk-vyaaso Vaachaspatir-ayonijah*

#### MEANING

Sudhanvaa — He who has a splendid bow; Khandaparashuh — He who wields the broken axe (Parashurama); Daarunah — He who is merciless to the unrighteous; Dravinapradah — The bestower of wealth; Divisprik — He who touches the heavens; Sarvadruk-vyaasah — He who is the all-seeing Vyasa; Vaachaspatih — The Lord of speech; Ayonijah — He who is not born from a womb





त्रिसामा सामगः साम निर्वाणं भेषजं भिषक् ।

सन्न्यासकृच्छमः शान्तो निष्ठा शान्तिः परायणम् ॥

*Trisaamaa Saamagah Saama Nirvaanam Bheshajam Bhishak  
Sannyaasakrit-shamah Shaanto Nishṭhaa Shaantih Paraayanam*

#### MEANING

Trisaamaa — He who is praised by the three Samas; Saamagah — The singer of the Sama Veda; Saama — He who is the Sama Veda; Nirvaanam — He who is supreme bliss; liberation; Bheshajam — The medicine; the remedy for samsara; Bhishak — The physician; the healer; Sannyaasakrit — The institutor of Sannyasa (renunciation); Shamah — He who is tranquility; Shaantah — He who is peaceful; Nishṭhaa — He who is the supreme abode; the culmination; Shaantih — He who is supreme peace; Paraayanam — The ultimate goal; the supreme refuge







शुभाङ्गः शान्तिदः स्रष्टा कुमुदः कुवलेशयः ।  
गोहितो गोपतिर्गोप्ता वृषभाक्षो वृषप्रियः ॥

*Shubhaangah Shaantidah Srashta Kumudah Kuvaleshayah  
Gohito Gopatir-goptaa Vrishabhaksho Vrishapriyah*

#### MEANING

Shubhaangah — He of beautiful limbs; Shaantidah — The bestower of peace; Srashta — The creator; Kumudah — He who delights the earth; Kuvaleshayah — He who reclines on the waters; Gohitah — He who is beneficent to the earth and cows; Gopatih — The Lord of the earth; Goptaa — The protector; Vrishabhakshah — He whose eyes shower grace (dharma); Vrishapriyah — He who delights in Dharma





अनिवर्ती निवृत्तात्मा संक्षेप्ता क्षेमकृच्छिवः ।

श्रीवत्सवक्षाः श्रीवासः श्रीपतिः श्रीमतां वरः ॥

*Anivartee Nivrittaatmaa Samksheptaa Kshemakrit-shivah*

*Shreevatsa-vakshaah Shreevaasah Shreepatih Shreemataam Varah*

#### MEANING

Anivartee — He who never retreats; Nivrittaatmaa — He whose nature is turned away from worldliness; Samksheptaa — He who contracts (the universe at dissolution); Kshemakrit — He who ensures the welfare of all; Shivah — He who is auspicious; Shreevatsa-vakshaah — He who bears the Srivatsa mark on His chest; Shreevaasah — He in whom Shri (Lakshmi) resides; Shreepatih — The Lord of Shri (Lakshmi); Shreemataam Varah — The best among the glorious





श्रीदः श्रीशः श्रीनिवासः श्रीनिधिः श्रीविभावनः ।

श्रीधरः श्रीकरः श्रेयः श्रीमाँल्लोकत्रयाश्रयः ॥

*Shreedah Shreeshah Shreenivaasah Shreenidhih Shreevibhaavanah  
Shreedharah Shreekarah Shreyah Shreemaan-lokatrayaashrayah*

#### MEANING

Shreedah — The giver of prosperity; Shreeshah — The Lord of Shri (Lakshmi); Shreenivaasah — He in whom Shri dwells; Shreenidhih — The treasure-house of Shri; Shreevibhaavanah — He who distributes Shri (prosperity); Shreedharah — He who bears Shri on His chest; Shreekarah — He who bestows Shri; Shreyah — He who is the supreme good; Shreemaan — He who is always with Shri; Lokatrayaashrayah — The refuge of the three worlds





स्वक्षः स्वङ्गः शतानन्दो नन्दिर्ज्योतिर्गणेश्वरः ।

विजितात्मा विधेयात्मा सत्कीर्तिश्छिन्नसंशयः ॥

*Svakshah Svangah Shataanando Nandir-jyotir-ganeshvarah  
Vijitaatmaa Vidheyaatmaa Satkeertish-chhinna-samshayah*

#### MEANING

Svakshah — He who has beautiful eyes; Svangah — He who has beautiful limbs; Shataanandah — He of hundred-fold bliss; Nandih — He who is bliss; Jyotirganeshvarah — The Lord of the stars and luminaries; Vijitaatmaa — He who has conquered the Self; Vidheyaatmaa — He whose nature is obedient to dharma; Satkeertih — He of true fame; Chhinna-samshayah — He who is free from all doubts





उदीर्णः सर्वतश्चक्षुरनीशः शाश्वतस्थिरः ।

भूशयो भूषणो भूतिर्विशोकः शोकनाशनः ॥

*Udeernah Sarvatashchakshur-aneesho Shaashvata-sthirah  
Bhooshayo Bhooshanah Bhootir-vishokah Shokanaashanah*

#### MEANING

Udeernah — He who is above all; Sarvatashchakshuh — He who has eyes everywhere; Aneeshah — He who has no Lord above Him; Shaashvata-sthirah — He who is eternally firm; Bhooshayah — He who reclines on the earth; Bhooshanah — He who adorns; the ornament of the world; Bhootih — He who is pure existence and glory; Vishokah — He who is free from sorrow; Shokanaashanah — The destroyer of sorrow





अर्चिष्मानर्चितः कुम्भो विशुद्धात्मा विशोधनः ।

अनिरुद्धोऽप्रतिरथः प्रद्युम्नोऽमितविक्रमः ॥

*Archishmaan-architah Kumbho Vishuddhaatmaa Vishodhanah  
Aniruddho-apratiratho Pradyumno-amitavikramah*

#### MEANING

Archishmaan — He who is full of splendor; Architah — He who is worshipped; Kumbhah — He who shines on earth; the pot (of creation); Vishuddhaatmaa — He whose Self is supremely pure; Vishodhanah — The supreme purifier; Aniruddhah — He who cannot be obstructed; Apratiratho — He who has no equal adversary; Pradyumnah — He of great wealth; the Vyuha form Pradyumna; Amitavikramah — He of boundless valor





कालनेमिनिहा वीरः शौरिः शूरजनेश्वरः ।

त्रिलोकात्मा त्रिलोकेशः केशवः केशिहा हरिः ॥

*Kaalanemihnihaa Veerah Shaurih Shoorajaneshvarah*

*Trilokaatmaa Trilokesho Keshavah Keshihaa Harih*

#### MEANING

Kaalaneminihaa — The slayer of the demon Kalanemi; Veerah — The valiant hero; Shaurih — He who is the son of Shura (Krishna); Shoorajaneshvarah — The Lord of the valiant; Trilokaatmaa — The Self of the three worlds; Trilokeshh — The Lord of the three worlds; Keshavah — He who has beautiful hair; slayer of Keshi; Keshihaa — The destroyer of the demon Keshi; Harih — He who destroys samsara; the remover of sins





कामदेवः कामपालः कामी कान्तः कृतागमः ।

अनिर्देश्यवपुर्विष्णुर्वीरोऽनन्तो धनञ्जयः ॥

*Kaamadevah Kaamapaalah Kaamee Kaantah Kritaagamah  
Anirdeshyavapur-vishnur-veero-ananto Dhananjayah*

#### MEANING

Kaamadevah — He who is the Lord of desires; the beautiful God;  
Kaamapaalah — He who fulfills desires; Kaamee — He who has  
fulfilled all desires; Kaantah — He who is beautiful; the beloved;  
Kritaagamah — He who is the author of the Agamas (scriptures);  
Anirdeshyavapuh — He whose form is indescribable; Vishnuh — He  
who pervades all; Veerah — The hero; the courageous; Anantah — The  
infinite; the endless; Dhananjayah — He who wins wealth; Arjuna's  
Lord







ब्रह्मण्यो ब्रह्मकृद् ब्रह्मा ब्रह्म ब्रह्मविवर्धनः ।

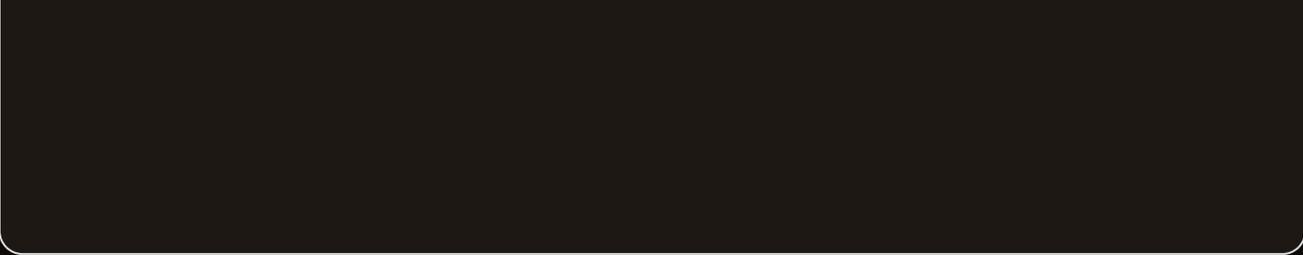
ब्रह्मविद् ब्राह्मणो ब्रह्मी ब्रह्मज्ञो ब्राह्मणप्रियः ॥

*Brahmanyō Brahmakṛid Brahmaa Brahma Brahmavivardhanah  
Brahmavid Braahmano Brahmee Brahmajñō Brahmanapriyah*

#### MEANING

Brahmanyah — He who is favorable to Brahman; Brahmakrit — He who creates Brahma; Brahmaa — He who is Brahma; the creator; Brahma — The supreme Brahman; the absolute; Brahmavivardhanah — He who increases Brahman (knowledge); Brahmavit — He who knows Brahman; Braahmanah — He who is the essence of Brahman; Brahmee — He who possesses Brahman; Brahmajñah — He who knows the Vedas completely; Braahmaṇapriyah — He who is dear to the Brahmanas







महाक्रमो महाकर्मा महातेजा महोरगः ।

महाक्रतुर्महायज्वा महायज्ञो महाहविः ॥

*Mhaakramo Mahaakarmaa Mahaatejaa Mahoragah*

*Mhaakratur-mahaayajvaa Mahaayajño Mahaahavhih*

#### MEANING

Mhaakramah — He of great strides (Trivikrama); Mahaakarmaa — He of great deeds; Mahaatejah — He of great brilliance; Mahoragah — He who is the great serpent (Ananta); Mhaakratuh — He who is the great sacrifice; Mahaayajvaa — He who is the great sacrificer; Mahaayajñah — He who is the great offering; Mahaahavhih — He who is the great oblation





स्तव्यः स्तवप्रियः स्तोत्रं स्तुतिः स्तोता रणप्रियः ।

पूर्णः पूरयिता पुण्यः पुण्यकीर्तिरनामयः ॥

*Stavyah Stavapriyah Stotram Stutih Stotaa Ranapriyah  
Poornah Poorayitaa Punyah Punyakeertir-anaamayah*

#### MEANING

Stavyah — He who is worthy of praise; Stavapriyah — He who delights in praise; Stotram — He who is the hymn of praise; Stutih — He who is the act of praising; Stotaa — He who praises; Ranapriyah — He who delights in battle (for dharma); Poornah — He who is complete; the full; Poorayitaa — He who fulfills all; Punyah — He who is supremely pure and holy; Punyakeertih — He whose fame is sacred; Anaamayah — He who is free from disease; the healthy







मनोजवस्तीर्थकरो वसुरेता वसुप्रदः ।

वसुप्रदो वासुदेवो वसुर्वसुमना हविः ॥

*Manojavasteerthakaro Vasuretaa Vasupradah  
Vasuprado Vaasudevo Vasur-vasumanaa Havih*

#### MEANING

Manojavah — He who is swift as the mind; Teerthakarah — He who is the creator of sacred places; Vasuretaah — He whose seed is golden; Vasupradah — The bestower of wealth; Vasupradah — The giver of salvation (or wealth); Vaasudevah — The son of Vasudeva; the all-pervading Lord; Vasuh — He who is the refuge; Vasumanaa — He whose mind is pure; Havih — He who is the oblation





सद्गतिः सत्कृतिः सत्ता सद्भूतिः सत्परायणः ।

शूरसेनो यदुश्रेष्ठः सन्निवासः सुयामुनः ॥

*Sadgatih Satkritih Sattaa Sadbhootih Satparaayanah*

*Shooraseno Yadushreshṭhah Sannivaasah Suyaamunah*

#### MEANING

Sadgatih — The path of the righteous; Satkritih — He who is full of good deeds; Sattaa — He who is existence itself; Sadbhootih — He who has supreme glory; Satparaayanah — The supreme refuge of the good; Shoorasena — He who has heroic armies; Yadushreshṭhah — The best among the Yadus; Sannivaasah — The abode of the good; Suyaamunah — He who is surrounded by Yamuna dwellers (Yadavas)





भूतावासो वासुदेवः सर्वासुनिलयोऽनलः ।

दर्पहा दर्पदो दृप्तो दुर्धरोऽथापराजितः ॥

*Bhootaavaaso Vaasudevah Sarvaasunilayo-analah*

*Darpahaa Darpado Dripto Durdharo-atha-aparaajitah*

#### MEANING

Bhootaavaasah — He in whom all beings dwell; Vaasudevah — The all-pervading Lord; Sarvaasunilayah — The abode of all life forces; Analah — He of unlimited power; the fire; Darpahaa — The destroyer of pride; Darpadah — The giver of pride (to the virtuous); Driptah — He who is ever satisfied; Durdharah — He who is difficult to bear or comprehend; Apraajitah — He who is unconquered





विश्वमूर्तिर्महामूर्तिर्दीप्तमूर्तिरमूर्तिमान् ।

अनेकमूर्तिरव्यक्तः शतमूर्तिः शताननः ॥

*Vishvamoortir-mahaamoortir-deeptamoortir-amooortimaan  
Anekamoortir-avyaktah Shatamoortih Shataananah*

#### MEANING

Vishvamoortih — He whose form is the universe; Mahaamoortih — He of the great form; Deeptamoortih — He of resplendent form; Amooortimaan — He who has no material form; Anekamoortih — He of many forms; Avyaktah — He who is unmanifest; Shatamoortih — He of a hundred forms; Shataananah — He of a hundred faces





एको नैकः सवः कः किं यत्तत्पदमनुत्तमम् ।  
लोकबन्धुर्लोकनाथो माधवो भक्तवत्सलः ॥

*Eko Naikah Savah Kah Kim Yat-tat-padam-anuttamam  
Lokabandur-lokanaatho Maadhavo Bhaktavatsalah*

#### MEANING

Ekah — He who is the one; the non-dual; Naikah — He who is many;  
Savah — He who is the Soma sacrifice; Kah — He who is Brahma; He  
who is happiness; Kim — He who is fit to be meditated upon; Yat — He  
who is the thing in itself; Tat — He who is 'That' (Brahman); Padam-  
anuttamam — The unsurpassed state; Lokabandhuh — The kinsman of  
the world; Lokanaathah — The Lord of the world; Maadhavah — The  
consort of Ma (Lakshmi); Bhaktavatsalah — He who is affectionate  
towards devotees







सुवर्णवर्णो हेमाङ्गो वराङ्गश्चन्दनाङ्गदी ।

वीरहा विषमः शून्यो घृताशीरचलश्चलः ॥

*Suvarnavarnoh Hemaango Varaangash-chandanaangadee*

*Veerahaa Vishamah Shoonyoh Ghritaasheer-achalash-chalah*

#### MEANING

Suvarnavarno — He of golden complexion; Hemaangah — He whose body is golden; Varaangah — He of beautiful limbs; Chandanaangadee — He who wears sandal-paste and armlets; Veerahaa — He who destroys heroes (of the enemy); Vishamah — He who is unequalled; Shoonyah — He who is the void (devoid of defects); Ghritaasheeh — He whose blessings are unfailing; Achalah — He who is immovable; Chalah — He who moves (as the wind)





अमानी मानदो मान्यो लोकस्वामी त्रिलोकधृक् ।

सुमेधा मेधजो धन्यः सत्यमेधा धराधरः ॥

*Amaanee Maanado Maanyoh Lokasvaami Trilokadrik*

*Sumedhaa Medhajoh Dhanyah Satyamedhaa Dharaadharah*

#### MEANING

Amaanee — He who is without pride; Maanadah — He who gives honor to others; Maanyah — He who is worthy of honor; Lokasvaami — The Lord of the world; Trilokadrik — He who supports the three worlds; Sumedhaa — He of supreme intelligence; Medhajah — He who is born of sacrifices; Dhanyah — He who is blessed; the fortunate; Satyamedhaa — He of true intelligence; Dharaadharah — The supporter of the earth





तेजोवृषो द्युतिधरः सर्वशस्त्रभृतां वरः ।

प्रग्रहो निग्रहो व्यग्रो नैकशृङ्गो गदाग्रजः ॥

*Tejovrisho Dyutidharah Sarvashastrabhrittaam Varah  
Pragraho Nigraho Vyagro Naikashrungo Gadaagrajah*

#### MEANING

Tejovrisha — He who showers radiance; Dyutidharah — He who bears great brilliance; Sarvashastrabhrittaam Varah — The best among all weapon-bearers; Pragrahah — He who receives offerings; the controller; Nigrahaah — He who restrains and subdues; Vyagrah — He who is ever-engaged (in protecting the world); Naikashringah — He of many horns (Matsya avatar); Gadaagrajah — The elder brother of Gada; He who is first in wielding the mace





चतुर्मूर्तिश्चतुर्बाहुश्चतुर्व्यूहश्चतुर्गतिः ।

चतुरात्मा चतुर्भावश्चतुर्वेदविदेकपात् ॥

*Chaturmoortish-chaturbahush-chaturvyoohash-chaturgatih*

*Chaturaatmaa Chaturbhaavash-chaturvedavid-ekapaat*

#### MEANING

Chaturmoortih — He of four forms (Virat, Sutratma, Avyakrita, Turiya);  
 Chaturbaahuh — He of four arms; Chaturvyoohah — He of four  
 emanations; Chaturgatih — He who is the goal of the four stages of  
 life; Chaturaatmaa — He of four-fold nature; Chaturbhaavah — He who  
 is the source of the four purusharthas; Chaturvedavit — He who knows  
 the four Vedas; Ekapaat — He who has one foot (manifested quarter)





समावर्तोऽनिवृत्तात्मा दुर्जयो दुरतिक्रमः ।  
दुर्लभो दुर्गमो दुर्गो दुरावासो दुरारिहा ॥

*Samaavarto-nivrittaatmaa Durjayo Duratikramah  
Durlabho Durgamo Durgo Duraavaaso Duraarihaa*

#### MEANING

Samaavartah — He who turns the wheel of samsara; Anivrittaatmaa — He whose nature never retreats; Durjayah — He who is difficult to conquer; Duratikramah — He whose commands cannot be violated; Durlabhah — He who is difficult to attain; Durgamah — He who is difficult to reach; Durgah — He who is the fortress; Duraavaasah — He who is difficult to abide in (for the impure); Duraarihaa — He who destroys formidable enemies





शुभाङ्गो लोकसारङ्गः सुतन्तुस्तन्तुवर्धनः ।  
इन्द्रकर्मा महाकर्मा कृतकर्मा कृतागमः ॥

*Shubhaango Lokasaarangah Sutantus-tantu-varadhanah  
Indrakarmaa Mahaakarmaa Kritakarmaa Kritaagamah*

#### MEANING

Shubhaangah — He of auspicious form; Lokasaarangah — He who understands the essence of the world; Sutantuh — He who has beautiful threads (of the universe); Tantuvaradhanah — He who expands the web of the universe; Indrakarmaa — He who performs deeds like Indra; Mahaakarmaa — He of great deeds; Kritakarmaa — He who has accomplished all deeds; Kritaagamah — He who is the author of the scriptures





उद्भवः सुन्दरः सुन्दो रत्ननाभः सुलोचनः ।

अर्को वाजसनः शृङ्गी जयन्तः सर्वविज्जयी ॥

*Udbhavah Sundarah Sundo Ratnanabhah Sulochanah*

*Arko Vaajasanah Shringee Jayantah Sarvavij-jayee*

#### MEANING

Udbhavah — He who is the cause of creation; Sundarah — He who is supremely beautiful; Sundah — He who is compassionate; Ratnanabhah — He whose navel is like a gem; Sulochanah — He who has beautiful eyes; Arkah — He who is the sun; the praised one; Vaajasanah — He who gives food; the provider; Shringee — He who has horns (as Matsya avatar); Jayantah — He who is victorious; Sarvavij-jayee — He who is omniscient and victorious





सुवर्णबिन्दुरक्षोभ्यः सर्ववागीश्वरेश्वरः ।

महाह्रदो महागर्तो महाभूतो महानिधिः ॥

*Suvarnabindur-akshobhyah Sarva-vaageeshvareshvarah*

*Mahaahrado Mahaagarto Mahaabhooto Mahaanidhih*

#### MEANING

Suvarnabinduh — He who has a golden mark; Akshobhyah — He who is unshakable; Sarva-vaageeshvareshvarah — The Lord of all lords of speech; Mahaahradah — He who is the great lake; Mahaagartah — He who is the great abyss; Mahaabhootah — The great being; Mahaanidhih — The great treasure





कुमुदः कुन्दरः कुन्दः पर्जन्यः पावनोऽनिलः ।

अमृतांशोऽमृतवपुः सर्वज्ञः सर्वतोमुखः ॥

*Kumudah Kundarah Kundah Parjanya Paavano-anilah  
Amritaamsho-amritavapuh Sarvajñah Sarvatomukhah*

#### MEANING

Kumudah — He who delights in the earth; Kundarah — He who offers boons (like Jasmine); Kundah — He who is pure like the Kunda flower; Parjanya — He who is the rain cloud; Paavanah — The purifier; Anilah — He who is the wind; Amritaamshah — He whose nature is nectar-like; Amritavapuh — He whose form is immortal; Sarvajñah — The omniscient; Sarvatomukhah — He who has faces everywhere





सुलभः सुव्रतः सिद्धः शत्रुजिच्छत्रुतापनः ।

न्यग्रोधोऽदुम्बरोऽश्वत्थश्चाणूरान्ध्रनिषूदनः ॥

*Sulabhah Suvratah Siddhah Shatrujit-shatrutaapanah*

*Nyagrodho-dumbaro-ashvatthash-chaanooraandhra-nishoordana*

#### MEANING

Sulabhah — He who is easily attainable; Suvratah — He who has taken auspicious vows; Siddhah — He who is perfection; Shatrujit — He who conquers enemies; Shatrutaapanah — He who torments enemies; Nyagrodhah — He who is the banyan tree (concealing His roots above); Udumbarah — He who nourishes (like the fig tree); Ashvatthah — He who is the sacred fig tree (the tree of life); Chaanooraandhra-nishoordana — The destroyer of the demon Chanura





सहस्रार्चिः सप्तजिह्वः सप्तैधाः सप्तवाहनः ।

अमूर्तिरनघोऽचिन्त्यो भयकृद्भयनाशनः ॥

*Sahasraarchih Saptajihhvah Saptaidhah Saptavaahanah  
Amoortir-anagho-achintyo Bhayakrid-bhayanaashanah*

#### MEANING

Sahasraarchih — He of a thousand rays; Saptajihhvah — He who has seven tongues (of fire); Saptaidhah — He who has seven flames; Saptavaahanah — He who has seven vehicles (horses of the sun); Amoortih — He who is formless; Anaghadhah — He who is sinless; Achintyah — He who is inconceivable; Bhayakrit — He who creates fear (in the wicked); Bhayanaashanah — The destroyer of fear





अणुर्बृहत्कृशः स्थूलो गुणभृन्निर्गुणो महान् ।

अधृतः स्वधृतः स्वास्यः प्राग्वंशो वंशवर्धनः ॥

*Anur-brihat-krishah Sthoolo Gunabhrin-nirguno Mahaan*

*Adhritah Svadhritah Svaasyah Praagvamsho Vamshavardhanah*

#### MEANING

Anuh — He who is atomic; the subtle; Brihat — He who is vast; the great; Krishah — He who is lean; the subtle; Sthoolah — He who is massive; Gunabhrin — He who bears the Gunas; Nirgunah — He who is beyond the Gunas; Mahaan — The great; the mighty; Adhritah — He who needs no support; Svadhritah — He who is self-supported; Svaasyah — He who has a beautiful face; Praagvamshah — He of an ancient lineage; Vamshavardhanah — He who multiplies the dynasty







भारभृत्कथितो योगी योगीशः सर्वकामदः ।

आश्रमः श्रमणः क्षामः सुपर्णो वायुवाहनः ॥

*Bhaarahrit-kathito Yogee Yogeesah Sarvakaamadah*

*Aashramah Shramanah Kshaamah Suparnoh Vaayuvaahanah*

#### MEANING

Bhaarahrit — He who carries the burden (of the world); Kathitah — He who is spoken of (in the Vedas); Yogee — He who is the supreme Yogi; Yogeesah — The Lord of Yogis; Sarvakaamadah — The granter of all desires; Aashramah — He who is the hermitage; the refuge; Shramanah — He who makes others toil (to attain Him); Kshaamah — He who diminishes (samsara); Suparnah — He of beautiful wings (Garuda); Vaayuvaahanah — He who drives the wind





धनुर्धरो धनुर्वेदो दण्डो दमयिता दमः ।

अपराजितः सर्वसहो नियन्ता नियमोऽयमः ॥

*Dhanurdharoh Dhanurvedo Dandoh Damayitaa Damah  
Aparaajitah Sarvasaho Niyantaa Niyamo-yamah*

#### MEANING

Dhanurdharah — He who bears the bow (Sharnga); Dhanurvedah — He who knows the science of archery; Dandah — He who is the rod of punishment; Damayitaa — He who subdues; Damah — He who is self-restraint; Aparajitah — He who is unconquerable; Sarvasahah — He who endures all; Niyantaa — He who controls all; Niyamah — He who regulates; Yamah — He who governs





सत्त्ववान् सात्त्विकः सत्यः सत्यधर्मपरायणः ।

अभिप्रायः प्रियार्होऽर्हः प्रियकृत्प्रीतिवर्धनः ॥

*Sattvavaan Saattvikah Satyah Satyadharmaparaayanah  
Abhipraayah Priyaarho-arhah Priyakrit-preetivardhanah*

#### MEANING

Sattvavaan — He who is full of Sattva (goodness); Saattvikah — He who is of Sattvic nature; Satyah — He who is the truth; Satyadharmaparaayanah — He who is devoted to truth and dharma; Abhipraayah — He who is the goal of all aspirations; Priyaarhah — He who deserves love; Arhah — He who is worthy of worship; Priyakrit — He who does what is dear (to devotees); Preetivardhanah — He who increases joy





विहायसगतिज्योतिः सुरुचिर्हुतभुग्विभुः ।

रविर्विरोचनः सूर्यः सविता रविलोचनः ॥

*Vihaayasagatir-jyotih Suruchir-hutabhug-vibhuh*

*Ravir-virochanah Sooryah Savitaa Ravilochanah*

#### MEANING

Vihaayasagatih — He who moves through the sky; Jyotih — He who is the light; Suruchih — He of beautiful luster; Hutabhuk — He who consumes the offerings (fire); Vibhuh — The all-pervading; Ravih — He who is the sun; Virochanah — He who illumines; Sooryah — He who is the sun; the source; Savitaa — He who brings forth (creation); Ravilochanah — He whose eyes are the sun





अनन्तो हुतभुग्भोक्ता सुखदो नैकजोऽग्रजः ।

अनिर्विण्णः सदामर्षी लोकाधिष्ठानमद्भुतः ॥

*Ananto Hutabhug-bhoktaa Sukhado Naikajo-agrajah*

*Anirviṇṇah Sadaamarshee Lokaadhishṭhaanam-adbhutah*

#### MEANING

Anantah — The infinite; Hutabhuk — He who enjoys the oblations;  
 Bhoktaa — The enjoyer; Sukhadah — The giver of bliss; Naikajah — He  
 who is born many times; Agrajah — He who is the first-born;  
 Anirviṇṇah — He who is free from despondency; Sadaamarshee — He  
 who is ever forgiving; Lokaadhishṭhaanam — He who is the substratum  
 of the world; Adbhutah — He who is wonderful





सनात्सनातनतमः कपिलः कपिरव्ययः ।

स्वस्तिदः स्वस्तिकृत्स्वस्ति स्वस्तिभुक्स्वस्तिदक्षिणः ॥

*Sanaat-sanaatanatamah Kapilah Kapir-avyayah*

*Svastidah Svastikrit-svasti Svastibhuk-svastidakshinah*

#### MEANING

Sanaat — He who is the eternal; Sanaatanatamah — He who is the most ancient; Kapilah — He who is of tawny color; the sage Kapila; Kapih — He who is the sun; or He who drinks water; Avyayah — The imperishable; Svastidah — The giver of auspiciousness; Svastikrit — He who creates well-being; Svastih — He who is auspiciousness; Svastibhuk — He who enjoys auspiciousness; Svastidakshinah — He who is proficient in bestowing well-being





अरौद्रः कुण्डली चक्री विक्रम्यूर्जितशासनः ।

शब्दातिगः शब्दसहः शिशिरः शर्वरीकरः ॥

*Araudrah Kundalee Chakree Vikramee-oorjita-shaasanah  
Shabdaatigah Shabdasahah Shishirah Sharvareekarah*

#### MEANING

Araudrah — He who is not fierce (to devotees); Kundalee — He who wears ear-rings (Makara Kundala); Chakree — He who holds the Sudarshana Chakra; Vikramee — He who is full of prowess; Oorjita-shaasanah — He whose commands are powerful; Shabdaatigah — He who transcends all words; Shabdasahah — He who is the essence of all words; Shishirah — He who is cool (the destroyer of fever of samsara); Sharvareekarah — He who creates darkness (night for the wicked)





अक्रूरः पेशलो दक्षो दक्षिणः क्षमिणां वरः ।

विद्वत्तमो वीतभयः पुण्यश्रवणकीर्तनः ॥

*Akroorah Peshalo Daksho Dakshinah Kshaminaam Varah*

*Vidvattamo Veetabhayah Punyashravana-keertanah*

#### MEANING

Akroorah — He who is not cruel; the gentle one; Peshalah — He who is supremely soft and tender; Dakshah — He who is skilful; Dakshinah — He who is liberal and generous; Kshaminaam Varah — The best among the patient; Vidvattamah — The most learned; Veetabhayah — He who is free from fear; Punyashravana-keertanah — He whose hearing and praise are purifying





उत्तारणो दुष्कृतिहा पुण्यो दुःस्वप्ननाशनः ।  
वीरहा रक्षणः सन्तो जीवनः पर्यवस्थितः ॥

*Uttaarano Dushkritihaa Punyo Duhsvapnanaashanah  
Veerahaa Rakshanah Santo Jeevanah Paryavasthitah*

#### MEANING

Uttaaranah — He who rescues from the ocean of samsara;  
Dushkritihaa — He who destroys sinful actions; Punyah — He who is  
supremely holy; Duhsvapnanaashanah — The destroyer of bad  
dreams; Veerahaa — He who destroys valiant enemies; Rakshanah —  
The protector; Santah — He who is the virtuous; Jeevanah — He who  
gives life; Paryavasthitah — He who pervades all





अनन्तरूपोऽनन्तश्रीर्जितमन्युर्भयापहः ।

चतुरश्रो गभीरात्मा विदिशो व्यादिशो दिशः ॥

*Anantarooponantashree Jitamanyur-bhayaapahah*

*Chaturashro Gabheeraatmaa Vidisho Vyaadisho Dishah*

#### MEANING

Anantaroopah — He of infinite forms; Anantashreeh — He of infinite glory; Jitamanyuh — He who has conquered anger; Bhayaapahah — He who destroys fear; Chaturashrah — He who is just and fair on all sides; Gabheeraatmaa — He whose nature is unfathomable; Vidishah — He who gives special commands; Vyaadishah — He who gives directions; Dishah — He who is the directions





अनादिर्भूर्भुवो लक्ष्मीः सुवीरो रुचिराङ्गदः ।

जननो जनजन्मादिर्भीमो भीमपराक्रमः ॥

*Anaadir-bhoor-bhuvo Lakshmee Suveero Ruchiraangadah*

*Janano Janajanmaadir-bheemo Bheemaparaakramah*

#### MEANING

Anaadih — He who has no beginning; Bhooh — He who is the earth; existence; Bhuvah — He who is the sky; space above; Lakshmee — He who is prosperity and beauty; Suveerah — He who moves beautifully; the heroic; Ruchiraangadah — He who wears resplendent armlets; Jananah — He who creates all beings; Janajanmaadih — He who is the cause of the birth of all; Bheemah — He who is the fearsome; Bheemaparaakramah — He of tremendous valor





आधारनिलयो धाता पुष्पहासः प्रजागरः ।

ऊर्ध्वगः सत्पथाचारः प्राणदः प्रणवः पणः ॥

*Aadhaaranilayo Dhaataa Pushpahaasah Prajaagarah*

*Oordhvagah Satpathaacharah Praanadah Pranavah Panah*

#### MEANING

Aadhaaranilayah — He who is the support and the abode; Dhaataa — He who supports all; Pushpahaasah — He whose smile is like flowers blooming; Prajaagarah — He who is always awake; Oordhvagah — He who moves upward; transcends; Satpathaacharah — He who walks the path of truth; Praanadah — The giver of life breath; Pranavah — He who is Om; Panah — He who is the transaction; the exchange (of karma)





प्रमाणं प्राणनिलयः प्राणभृत्प्राणजीवनः ।

तत्त्वं तत्त्वविदेकात्मा जन्ममृत्युजरातिगः ॥

*Praamaanam Praananilayah Praanabhrit-praanajeevanah  
Tattvam Tattvavid-ekaatmaa Janma-mrityu-jaratigah*

#### MEANING

Praamaanam — He who is the authority; the proof; Praananilayah — He who is the abode of all life; Praanabhrit — He who sustains the life force; Praanajeevanah — He who gives life to the life force; Tattvam — He who is the Reality; the Truth; Tattvavit — He who knows the Reality; Ekaatmaa — He who is the one Self; Janma-mrityu-jaratigah — He who transcends birth, death and old age





भूर्भुवःस्वस्तरुस्तारः सविता प्रपितामहः ।

यज्ञो यज्ञपतिर्यज्वा यज्ञाङ्गो यज्ञवाहनः ॥

*Bhoor-bhuvah-svah-tarus-tarah Savitaa Prapitaamahah*

*Yajño Yajñapatir-yajvaa Yajñaango Yajñavaahanah*

#### MEANING

Bhoor-bhuvah-svah-tarah — He who is the tree of the three worlds;  
 Tarah — He who carries across the ocean of samsara; Savitaa — He  
 who generates all; the sun; Prapitaamahah — The great-grandfather;  
 the Creator; Yajñah — He who is the sacrifice; Yajñapatih — The Lord  
 of all sacrifices; Yajvaa — He who performs sacrifice; Yajñaangah —  
 He whose limbs are the sacrifices; Yajñavaahanah — He who carries  
 the sacrifice





यज्ञभृद्यज्ञकृद्यज्ञी यज्ञभुग्यज्ञसाधनः ।

यज्ञान्तकृद्यज्ञगुह्यमन्नमन्नाद एव च ॥

*Yajñabhr̥id-yajñakrid-yajñee Yajñabhug-yajñasaadhanah  
Yajñaantakrid-yajñaguhyam Annam-annaada Eva Cha*

#### MEANING

Yajñabhr̥it — He who sustains the sacrifice; Yajñakrit — He who performs the sacrifice; Yajñee — He who is the enjoyer of the sacrifice; Yajñabhuk — He who consumes the sacrifice; Yajñasaadhanah — He who is the means of the sacrifice; Yajñaantakrit — He who is the end of the sacrifice; Yajñaguhyam — He who is the secret of the sacrifice; Annam — He who is the food; Annaadah — He who is the eater of food





आत्मयोनिः स्वयंजातो वैखानः सामगायनः ।

देवकीनन्दनः स्रष्टा क्षितीशः पापनाशनः ॥

*Aatmayonih Svayamjaato Vaikhaanah Saamagaayanah*

*Devakeenandanah Srashta Kshiteeshah Paapanaashanah*

#### MEANING

Aatmayonih — He who is self-born; His own source; Svayamjaatah — He who is self-manifested; Vaikhaanah — He who dug through the earth (as Varaha); Saamagaayanah — He who sings the Sama Veda; Devakeenandanah — The son of Devaki (Krishna); Srashta — The creator of all; Kshiteeshah — The Lord of the earth; Paapanaashanah — The destroyer of sin





शंखभृन्नन्दकी चक्री शारङ्गधन्वा गदाधरः ।

रथाङ्गपाणिरक्षोभ्यः सर्वप्रहरणायुधः ॥

*Shankhabhrin-nandakee Chakree Shaarngadhanvaa Gadaadharah  
Rathaangapaanir-akshobhyah Sarvapraharanaayudhah*

#### MEANING

Shankhabhrit — He who holds the conch (Panchajanya); Nandakee — He who holds the sword Nandaka; Chakree — He who holds the discus (Sudarshana); Shaarngadhanvaa — He who holds the bow Sharnga; Gadaadharah — He who holds the mace (Kaumodaki); Rathaangapaanih — He who has the wheel (discus) in His hand; Akshobhyah — He who is unshakable; Sarvapraharanaayudhah — He who has all weapons of attack; He to whom all weapons are His arms

फलश्रुतिः

Phala Shruti

Benefits of Recitation



न वासुदेवभक्तानामशुभं विद्यते क्वचित् ।

जन्ममृत्युजराव्याधिभयं नैवोपजायते ॥

*Na Vaasudeva-bhaktaanaam-ashubham Vidyate Kwachit  
Janma-mrityu-jaraa-vyaadhi-bhayam Naivopajāyate*

**MEANING**

For devotees of Vasudeva, nothing inauspicious exists anywhere. The fear of birth, death, old age, and disease does not arise.



इमं स्तवमधीयानः श्रद्धाभक्तिसमन्वितः ।

युज्येतात्मसुखक्षान्तिश्रीधृतिस्मृतिकीर्तिभिः ॥

*Imam Stavam-adheeyaanaah Shraddhaa-bhakti-samanvitah  
Yujyeta-aatma-sukha-kshaanti-shree-dhriti-smriti-keertibhih*

**MEANING**

He who studies this hymn with faith and devotion shall be endowed with joy, patience, prosperity, firmness, memory, and fame.



न क्रोधो न च मात्सर्यं न लोभो नाशुभा मतिः ।  
भवन्ति कृतपुण्यानां भक्तानां पुरुषोत्तमे ॥

*Na Krodho Na Cha Maatsaryam Na Lobho Naashubhaa Matih  
Bhavanti Krita-punyaanaam Bhaktaanaam Purushottame*

**MEANING**

Neither anger, nor jealousy, nor greed, nor inauspicious thoughts arise in the meritorious devotees of the Supreme Being.



द्यौः सचन्द्रार्कनक्षत्रा खं दिशो भूर्महोदधिः ।  
वासुदेवस्य वीर्येण विधृतानि महात्मनः ॥

*Dyauh Sa-chandrarka-nakshatraa Kham Disho Bhoor-mahodadhih  
Vaasudevasya Veeryena Vidhritaani Mahaatmanah*

**MEANING**

The heavens with the moon, sun, and stars, the sky, the directions, the earth, and the great ocean are all sustained by the power of the great-souled Vasudeva.



ससुरासुरगन्धर्वं सयक्षोरगराक्षसम् ।

जगद्वशे वर्ततेदं कृष्णस्य सचराचरम् ॥

*Sa-suraasura-gandharvam Sa-yakshoraga-raakshasam  
Jagad-vashe Vartatedam Krishnasya Sa-charaa-charam*

#### MEANING

This entire world with its Devas, Asuras, Gandharvas, Yakshas, serpents, and Rakshasas, with all moving and non-moving things, is under the control of Krishna.



इन्द्रियाणि मनो बुद्धिः सत्त्वं तेजो बलं धृतिः ।

वासुदेवात्मकान्याहुः क्षेत्रं क्षेत्रज्ञ एव च ॥

*Indriyaani Mano Buddhih Sattvam Tejo Balam Dhritih  
Vaasudevaatmakaanyaahuh Kshetram Kshetrajña Eva Cha*

#### MEANING

The senses, mind, intellect, sattva, energy, strength, and firmness are said to be of the nature of Vasudeva, as are the field and the knower of the field.



सर्वागमानामाचारः प्रथमं परिकल्पते ।

आचारप्रभवो धर्मो धर्मस्य प्रभुरच्युतः ॥

*Sarvaagamaanaam-aacharah Prathamam Parikalpate  
Aachara-prabhavo Dharmo Dharmasya Prabhur-achyutah*

**MEANING**

Right conduct is considered first among all scriptures. Dharma springs from right conduct, and the Lord of Dharma is Achyuta.



ऋषयः पितरो देवा महाभूतानि धातवः ।

जङ्गमाजङ्गमं चेदं जगन्नारायणोद्भवम् ॥

*Rishayah Pitaro Devaah Mahaabhootaani Dhaatavah  
Jangamaa-jangamam Chedam Jagan-naaraayanod-bhavam*

**MEANING**

The sages, ancestors, Devas, great elements, and all that is mobile and immobile in this world have originated from Narayana.



योगो ज्ञानं तथा सांख्यं विद्याः शिल्पादि कर्म च ।

वेदाः शास्त्राणि विज्ञानमेतत्सर्वं जनार्दनात् ॥

*Yogo Jñaanam Tathaa Saankhyam Vidyaah Shilpaadi Karma Cha  
Vedaah Shaastraani Vijñaanam Etat-sarvam Janaardanaat*

#### MEANING

Yoga, knowledge, Sankhya philosophy, all arts, skills, and actions, the Vedas, scriptures, and all sciences -- all these come from Janardana.



एको विष्णुर्महद्भूतं पृथग्भूतान्यनेकशः ।

त्रींल्लोकान्व्याप्य भूतात्मा भुङ्क्ते विश्वभुगव्ययः ॥

*Eko Vishnur-mahad-bhootam Prithag-bhootaany-anekasha  
Treen-lokaan-vyaapya Bhootaatmaa Bhunkte Vishvabhug-avyayah*

#### MEANING

The one Vishnu, the great Being, pervading the many separate beings of the three worlds, the Soul of all beings, the imperishable one, enjoys the universe.



इमं स्तवं भगवतो विष्णोर्व्यासेन कीर्तितम् ।  
पठेद्य इच्छेत्पुरुषः श्रेयः प्राप्तुं सुखानि च ॥

*Imam Stavam Bhagavato Vishnor-vyaasena Keertitam  
Pathed-ya Ichchhet-purushah Shreyah Praaptum Sukhaani Cha*

**MEANING**

He who desires to attain the highest good and happiness should recite this hymn of the Lord Vishnu, as narrated by Vyasa.



विश्वेश्वरमजं देवं जगतः प्रभुमव्ययम् ।  
भजन्ति ये पुष्कराक्षं न ते यान्ति पराभवम् ॥

*Vishveshvaram-ajam Devam Jagatah Prabhum-avyayam  
Bhajanti Ye Pushkaraaksham Na Te Yaanti Paraabhavam*

**MEANING**

Those who worship the lotus-eyed Lord, the unborn God, the Lord of the universe, the imperishable -- they never meet with failure.



न ते यान्ति पराभवम् ॐ नम इति ।

*Na Te Yaanti Paraabhavam Om Nama Iti*

**MEANING**

They never meet with failure. Om, salutations.



अर्जुन उवाच —

पद्मपत्रविशालाक्ष पद्मनाभ सुरोत्तम ।

भक्तानामनुरक्तानां त्राता भव जनार्दन ॥

*Arjuna Uvaacha —*

*Padmapatravishaalaaksha Padmanaabha Surottama*

*Bhaktaanaam-anuraktaanaam Traataa Bhava Janaardana*

**MEANING**

Arjuna said: O lotus-eyed one, O lotus-naveled one, O best of Devas, be the protector of Your devoted and loving devotees, O Janardana.



श्रीभगवानुवाच —

यो मां नामसहस्रेण स्तोतुमिच्छति पाण्डव ।

सोऽहमेकेन श्लोकेन स्तुत एव न संशयः ॥

*Shree Bhagavaan Uvaacha —*

*Yo Maam Naama-sahasrena Stotum-ichchhati Paandava*

*So-ham-ekena Shlokena Stuta Eva Na Samshayah*

**MEANING**

The Lord said: He who wishes to praise Me with a thousand names, O son of Pandu, I consider Myself praised even by one verse -- there is no doubt.



स्तुत एव न संशयः ॐ नम इति ।

*Stuta Eva Na Samshayah Om Nama Iti*

**MEANING**

Indeed praised without doubt. Om, salutations.



व्यास उवाच —

वासनाद्वासुदेवस्य वासितं भुवनत्रयम् ।

सर्वभूतनिवासोऽसि वासुदेव नमोऽस्तु ते ॥

*Vyaasa Uvaacha —*

*Vaasanaad-vaasudevasya Vaasitam Bhuvanatravam*

*Sarva-bhoota-nivaaso-asi Vaasudeva Namu-astu Te*

**MEANING**

Vyasa said: The three worlds are pervaded by the fragrance of Vasudeva. You are the dwelling of all beings. Salutations to You, O Vasudeva.



वासुदेव नमोऽस्तु ते ॐ नम इति ।

*Vaasudeva Namu-astu Te Om Nama Iti*

**MEANING**

Salutations to Vasudeva. Om, salutations.



पार्वत्युवाच —

केनोपायेन लघुना विष्णोर्नामसहस्रकम् ।

पठ्यते पण्डितैर्नित्यं श्रोतुमिच्छाम्यहं प्रभो ॥

*Paarvaty-uvaacha —*

*Kenopayena Laghunaa Vishnor-naama-sahasrakam*

*Pathyate Panditair-nityam Shrotum-ichchhaamy-aham Prabho*

#### MEANING

Parvati said: By what easy means can the thousand names of Vishnu be recited by the wise daily? I wish to hear, O Lord.



ईश्वर उवाच —

श्रीराम राम रामेति रमे रामे मनोरमे ।

सहस्रनाम तत्तुल्यं रामनाम वरानने ॥

*Eeshvara Uvaacha —*

*Shree Raama Raama Raameti Rame Raame Manorame*

*Sahasra-naama Tat-tulyam Raama-naama Varaanane*

**MEANING**

Ishvara said: By chanting 'Shri Rama Rama Rama,' I delight in the beautiful name of Rama. The name of Rama is equal to the thousand names, O beautiful one.



रामनाम वरानने ॐ नम इति ।

*Raama-naama Varaanane Om Nama Iti*

**MEANING**

The name of Rama, O beautiful one. Om, salutations.



ब्रह्मोवाच —

नमोऽस्त्वनन्ताय सहस्रमूर्तये सहस्रपादाक्षिशिरोरुबाहवे ।

सहस्रनाम्ने पुरुषाय शाश्वते सहस्रकोटियुगधारिणे नमः ॥

*Brahma Uvaacha —*

*Namo-astv-anantaaya Sahasra-moortaye Sahasra-paadaakshi-  
shirorubahave*

*Sahasra-naamne Purushaaya Shaashvate Sahasra-koti-yuga-dhaarine  
Namah*

#### MEANING

Brahma said: Salutations to the Infinite One of a thousand forms, a thousand feet, eyes, heads, thighs, and arms. Salutations to the Eternal Person of a thousand names, who sustains billions of ages.



सञ्जय उवाच —

यत्र योगेश्वरः कृष्णो यत्र पार्थो धनुर्धरः ।

तत्र श्रीर्विजयो भूतिर्ध्रुवा नीतिर्मतिर्मम ॥

*Sanjaya Uvaacha —*

*Yatra Yogeshvarah Krishno Yatra Paartho Dhanurdharah*

*Tatra Shreer-vijayo Bhootir-dhruvaa Neetir-matir-mama*

#### MEANING

Sanjaya said: Where there is Krishna, the Lord of Yoga, and where there is Arjuna, the wielder of the bow, there will be prosperity, victory, glory, and firm righteousness -- this is my conviction.



श्रीभगवानुवाच —

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते ।

तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम् ॥

*Shree Bhagavaan Uvaacha —*

*Ananyaash-chintayanto Maam Ye Janaah Paryupaasate*

*Teshaam Nityaabhiyuktaanaam Yogakshemam Vahaamyaham*

**MEANING**

The Lord said: Those who worship Me with undivided mind, to those who are ever devoted, I carry what they lack and preserve what they have.



परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।

धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ॥

*Paritraanaaya Saadhoonaam Vinaashaaya Cha Dushkritaam*

*Dharma-samsthaapanaarthaaya Sambhavaami Yuge Yuge*

**MEANING**

For the protection of the good, the destruction of the wicked, and the establishment of dharma, I incarnate in every age.



आर्ताः विषण्णाः शिथिलाश्च भीताः घोरेषु च व्याधिषु वर्तमानाः ।  
सङ्कीर्त्य नारायणशब्दमात्रं विमुक्तदुःखाः सुखिनो भवन्ति ॥

*Aartaah Vishanṇaah Shithilaash-cha Bheetaah Ghoreshu Cha  
Vyaadhishu Vartamaanaah  
Sankeertya Naaraayana-shabda-maatram Vimukta-duhkhaah  
Sukhino Bhavanti*

#### MEANING

Those who are distressed, dejected, weak, or fearful, or those suffering from terrible diseases, by merely chanting the name of Narayana, become free from sorrow and find happiness.



कायेन वाचा मनसेन्द्रियैर्वा बुद्ध्यात्मना वानुसृतस्वभावात् ।

करोमि यद्यत्सकलं परस्मै नारायणायेति समर्पयामि ॥

*Kaayena Vaachaa Manasendriyairvaa Buddhyaatmanaa Vaanusrita-  
svabhaavaat*

*Karomi Yad-yat-sakalam Parasmai Naaraayanaayeti Samarpayaami*

#### MEANING

Whatever I do with my body, speech, mind, senses, intellect, or soul, following my innate nature -- I offer all of it to the Supreme Lord Narayana.



सर्वं विष्णुमयं जगत्

*Sarvam Vishnumayam Jagat – The entire universe is pervaded by Vishnu*

Vishnu Sahasranamam from the Anushasana Parva of the Mahabharata

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